

# Pneumonia Prevention Vests

1. Number of stitches is for a 12 month size. The numbers in brackets are for the small infant size.

## **YARN:**

Use dark shades of synthetic yarn for practicality in washing.

Approximately 2 oz. of fine soft yarn.

Use scraps to make stripes for variations.

## **NEEDLES:**

2 needles #8 or # 9 (Canadian) or #3.75 or #4 metric

2 stitch holders

## **FRONT:**

Cast on 60 (48) stitches

Knit 9 or 10 inches in garter stitch (9 inches for small size)

## **NECK OPENING:**

Put 20 (16) stitches on stitch holder

Cast off next 20 (16) stitches for neck edge.

Do not make this edge too firm to allow for stretching over the head.

Knit on remaining 20 (16) stitches for 3 (2) inches for right shoulder.

Put these stitches on a stitch holder.

Pick up the 20 (16) stitches from the first stitch holder and knit 3 (2) inches for left shoulder.

## **BACK:**

On last row of left shoulder, cast on 20 (16) stitches loosely for back of neck opening.

Pick up stitches from first stitch holder. You now have 60 (48) stitches on needle.

Knit back to correspond with front.

## **FINISHING:**

Sew up sides beginning at the bottom.

Leave a space approximately 3 inches long (from top of shoulder to bottom of arm hole) for arm holes.

Tidy loose ends.

# BABY CAP

**Cast on 70 sts.**

**K1,P1 for 1 and ½ inches.**

**Continue in plain knitting 4 and ½ inches.**

**Next row: \*K8, K2 tog. Knit**

**2<sup>nd</sup> row and alternate rows: Knit**

**3<sup>rd</sup> row: \*K7,K2 tog. Repeat from \***

**Continue decreasing in this manner every alternate row until K1,K2 tog.**

**Last row, K2 tog. around remaining sts.**

**Thread end through remaining sts. Draw up and fasten securely.**

**Cap will be 6" total – the 1 inch band will fold up.**