

## Called to Wonder

Created by Jennifer O'Farrell

### WATER IS FOR LIFE - WATER IS FOR ETERNAL LIFE

A person's thoughts are like water in a deep well, but someone with insight can draw them out. (Proverbs 20:5)

Finally hearing good news from a distant land is like a drink of cold water when you are dry and thirsty. (Proverbs 25:25)

Water is precious!

A human can live more than a month without food but only as much as one week without water. Water is as important as any other nutrient in our daily diet. The human body is made up of about 75 per cent water because every cell of the body needs water. It helps lubricate joints, protect our organs and maintain normal body temperature.

Leaving the water running while you brush your teeth is one example of a wasteful habit in most Canadian homes. The average faucet (even with a high efficiency aerator) uses several litres of water per minute. Instead, pour water into a cup, wet your toothbrush when you begin and rinse it in the cup when you finish. Use water wisely!

In many parts of the world, people are unable to get (or afford) safe drinking water or basic water for common household tasks. For the water-related goals of the United Nations for the coming decade, look at [www.un.org](http://www.un.org) and for worldwide information on "valuing" water, refer to [www.unesco.org](http://www.unesco.org)

Water revitalizes all living creatures. Jesus said [to the woman of Samaria at the well], "Whoever drinks this water will get thirsty again, but whoever drinks the water that I will give, will never be thirsty again."



#### CLUES for the word search

1. Ezra 8: 21 \_\_\_\_\_
2. Deuteronomy 2: 36 \_\_\_\_\_
3. Ezekiel 1: 1 \_\_\_\_\_
4. Genesis 2: 14b \_\_\_\_\_
5. Genesis 2: 13 \_\_\_\_\_
6. 1 Chronicles 5: 26 \_\_\_\_\_
7. 2 Kings 18: 11 \_\_\_\_\_
8. Deuteronomy 2: 36 \_\_\_\_\_
9. Numbers 22: 1 \_\_\_\_\_
10. Judges 4: 7 \_\_\_\_\_
11. Genesis 41: 17 \_\_\_\_\_
12. Genesis 2: 11 \_\_\_\_\_
13. Joshua 13: 2-3 \_\_\_\_\_
14. Genesis 2: 14a \_\_\_\_\_
15. Daniel 8: 16 \_\_\_\_\_

[Click here for the answers.](#)

(John 4:13-14)

In each believer, the Holy Spirit becomes "a spring of water gushing up to eternal life." Thanks be to God for the gift of water, through Jesus Christ, our Lord.

It is your own face that you see reflected in the water  
and it is your own self that you see in your heart.  
(Proverbs 27:19)

[ © 2006 PRESBYTERIAN RECORD INC. ]