

Called to Wonder

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WHAT IS GOOD FRIDAY?

What happened on Good Friday?

This is the day Jesus showed how much he loved God and us by giving his life as a sacrificial Lamb and dying on the cross.

Why did they put Jesus on a cross?

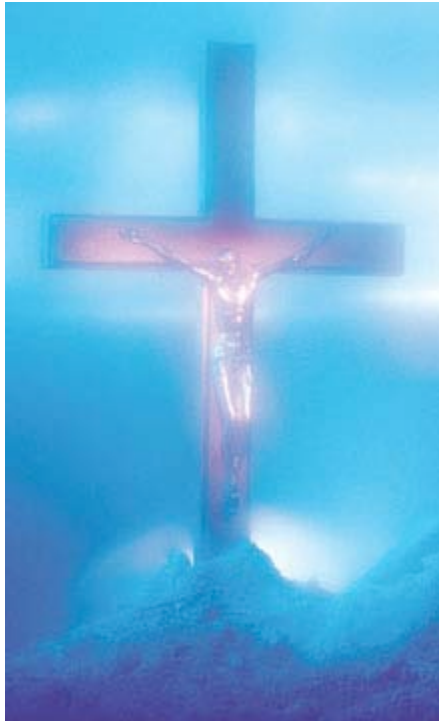
In the time that Jesus lived the cross was one of the cruelest forms of death ever devised by human beings. The book of Isaiah (53: 5-12) prophesied the cruel death of Jesus.

Why is it called Good Friday?

The suffering Jesus went through on this day brought about the greatest good there could ever be for humanity — freedom from sin. Today the cross is perhaps the world's most famous symbol. It is a symbol of hope and comfort.

Why is Jesus called the Lamb of God?

In the Old Testament, the Jewish people would kill a lamb and offer it to God as part of their worship. The lamb was sacrificed to God so that God would forgive their sins. In the Bible, John the Baptist saw Jesus coming and told the people, "Look, the Lamb of God, who takes away the sin of the world!"



Resurrection Cookies

(To be made the evening before Easter)

You will need:

- 1 cup whole pecans
- 1 tsp. vinegar
- 1 cup sugar
- Ziploc baggie
- 3 egg whites
- pinch salt
- wooden spoon
- tape
- Bible



1. Preheat oven to 300 degrees.
2. Place pecans in zipper baggie and let children beat them with the wooden spoon to break into small pieces. Explain that after Jesus was arrested, He was beaten by the Roman soldiers. Read John 19:1-3.
3. Let each child smell the vinegar. Put 1 tsp. vinegar into mixing bowl. Explain that when Jesus was thirsty on the cross, He was given vinegar to drink. Read John 19:28-30.
4. Add egg whites to vinegar. Eggs represent life. Explain that Jesus gave His life to give us life. Read John 10:10-11.
5. Sprinkle a little salt into each child's hand. Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers, and the bitterness of our own sin. Read Luke 23:27.
6. So far, the ingredients are not very appetizing. Add 1 cup sugar. Explain that the sweetest part of the story is that Jesus died because He loves us. He wants us to know and belong to Him. Read Ps.34:8 and John 3:16.
7. Beat with a mixer on high speed for 12 to 15 minutes until stiff peaks are formed. Explain that the colour white represents the purity in God's eyes of those whose sins have been cleansed by Jesus. Read Isa. 1:18 and John 3:1-3.
8. Fold in broken nuts. Drop by teaspoons onto wax-paper-covered cookie sheet. Explain that each mound represents the rocky tomb where Jesus' body was laid. Read Matt. 27:57-60.
9. Put the cookie sheet in the oven, close the door and turn the oven OFF.
10. Give each child a piece of tape and seal the oven door. Explain that Jesus' tomb was sealed. Read Matt. 27:65-66.
11. GO TO BED! Explain that they may feel sad to leave the

cookies in the oven overnight. Jesus' followers were in despair when the tomb was sealed. Read John 16:20 and 22.

On Easter morning, open the oven and give everyone a cookie. What do they look like? What's inside them? Read Matt. 28:1-9.

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