

"Give Us This Day
Our Daily Bread"



First Presbyterian Church

Sunday, August 16th, 2026 with Baptism

12th Sunday after Pentecost

Minister: The Reverend Marianne Emig Carr

Director of Music: Kathleen Howard

Reader: Janet LeBrun

Welcome to worship! Thank you for joining us from wherever you are! In-person services of worship continue, with online options available for those who are more comfortable worshipping from home.

Information for In-Person Worship

- * **ACCESSIBLE WASHROOM FACILITIES** for all people are available on the Sanctuary level. These washrooms are found through the doors behind the Choir Loft - right turn - straight ahead. Please feel free to use these washrooms whenever necessary!
- * **CHILDREN'S MINISTRY** – There is no Children's Ministry in August. Church School will resume on Sunday, September 13th.
- * **HEARING IN THE SANCTUARY** - First Church has available a system of FM RECEIVERS and HEADSETS. They are for use by those who find it difficult to hear in the Sanctuary. If you would like to use one this morning, visit our Sound Technician.
- * **COFFEE HOUR** – There is no Coffee Hour on Sundays in August. Coffee Hour will resume on Sunday, September 13th, 2026. To volunteer to host, bake or bring food to any coffee hour sign the sheet in the Church Hall or call Tamara Chapman.

ASSISTING YOU THIS MORNING

Greeter: Gwen Paul/Marianne Bimm Elevator: David Paul

Sound and Video Team – Quentin Robinson, Kade LeBrun

Michel LaBonte and Mark Leslie



NEED A RIDE?

Call Executive Taxi!

A free service provided by
your M.O.V.E. Committee



- * Our website and social media accounts:

<https://pccweb.ca/firstchurch-brockville/>

<https://www.facebook.com/Firstkirk/>

www.instagram.com/firstpresbrockville/

<https://twitter.com/firstkirk>

- * YouTube Channel: <https://www.youtube.com/@firstpresbyterianchurchbro482/streams>

- * Cogeco/Channel 10/700 Services every Sunday at 7 am. and 5:30 pm.

- * For pastoral care or assistance, please call the Church Office at 613-345-5014 or 613-340-3310. You may also call or text Reverend Marianne at 613-449-5042.

the people of God gather....

The Organ Prelude

Flute Piece

George Green

Welcome and Announcements

Call to Worship God

Minister: The Lord is our shepherd; we shall not want.

People: God leads us beside still waters and restores our souls.

Minister: God provides for us in every season of life.

People: We come with gratitude and trust.

Minister: You anoint us and our cup overflows.

People: With thanks and joy, let us worship God together.

Opening Hymn # 530: **I come with joy** *Words: Brian A. Wren ©1995 Hope Publishing Co.
CCLI License # 20312607/20312614 Music: Public Domain*

1. I come with joy, a child of God,
forgiven, loved and free,
the life of Jesus to recall,
in love laid down for me, in love laid down for me.
2. I come with Christians far and near,
to find, as all are fed,
the new community of love
in Christ's communion bread, in Christ's communion bread.
3. As Christ breaks bread and bids us share,
each proud division ends.
The love that made us, makes us one,
and strangers now are friends, and strangers now are friends.
4. The spirit of the risen Christ,
unseen, but ever near;
is in such friendship better known,
alive among us here, alive among us here.

Prayer As We Approach God

Minister: Loving Creator, we honour you, and we honour all that you have made. Renew the whole world in the image of your love.

People: Give us what we need for today, and a hunger to see the whole world fed.

Minister: Strengthen us for what lies ahead; heal us from the hurts of the past; give us courage to follow your call.

People: For your love is the only power, the only home, the only honour we need, in this world and in the world to come. Amen.

Prayer of Confession

Minister: Generous God, you provide daily bread for body and soul. You nourish us with love, mercy, and grace.

People: Yet we confess that we often live from fear instead of trust. We cling tightly to what we have. We overlook the needs of others. We forget to give thanks for ordinary blessings. Forgive us, O God. Teach us to trust your provision and to share generously with others. Amen.

Assurance of God's Forgiveness

Minister: God's goodness and mercy follow us all the days of our lives. In Jesus Christ, we are forgiven and sustained by grace. Thanks be to God!

Baptismal Hymn # 517: See Israel's gentle Shepherd stand *Words & Music: Public domain*

1. See Israel's gentle Shepherd stand
with all-engaging charms;
hark how he calls the tender lambs,
and folds them in his arms.

2. "Permit them to approach,"
he cries, "nor scorn their humble name,
for 'twas to bless such souls as these
the Lord of angels came."

3. We bring them, Lord, in thankful hands,
and yield them up to thee;
joyful that we ourselves are thine;
thine let our children be.

THE SACRAMENT of BAPTISM

Minister: Baptism is a gift from God. With visible signs and words of promise, God moves toward us to claim us as children of the new covenant and members of the household of God. In baptism, God acts to unite us to Christ, to deliver us from the power of sin and death and call us into a new life of growth and service. In the sacrament of baptism, the church recognizes God's covenant of grace. We receive God's gift with reverent joy and respond in faith and obedience.

Remember the words of Peter on the day of Pentecost: "Repent and be baptized, every one of you in the name of Jesus Christ, so that your sins may be forgiven; and you will receive the gift of the Holy Spirit. For the promise is for you, and for your children, and for all who are far away, everyone whom the Lord our God calls."

By the waters of baptism and in the power of the Holy Spirit, God claims us and calls each one of us by name. God unites us to Christ in his death and resurrection and grafts us into the body of Christ as members of the church. God washes us clean by forgiving our sin; commissions us to be a royal priesthood with Christ in his ministry to the world; empowers us to live in newness of life as people of the Word; and invites us to be renewed at the Lord's Table until we feast with him in glory. By grace you have been saved through faith; and this is not your own doing, it is the gift of God.

The Presentation

Minister: Who comes to receive the gift of baptism?

Janet LeBrun: On behalf of Session, I present Aaron Max, son of Tyler Dowdall and Lindsey Splane, to receive the sacrament of baptism. I also present Shelby Splane, Brittany Splane and Jenny Wood, godparents to Aaron.

Minister: Tyler and Lindsay, do you desire Aaron to be baptized?

Parents: We do.

Renunciation and Affirmation

Minister: Trusting in the gracious mercy of God who has been faithful to us in all generations, do you turn away from sin, renounce all evil powers in the world which rebel against God or oppose God's rule of justice and love?

Parents: We do.

Minister: Do you renounce the ways of sin which separate you from the love of God?

Parents: We do.

Minister: Do you turn to Jesus Christ, accepting him as Lord and Saviour, trusting in his grace and love?

Parents: We do.

Minister: Do you desire, in dependence on the Holy Spirit, to mature as a Christian in the church, to seek the guidance of Christ as you listen for his Word, to celebrate his death and life at the table he provides, and to engage in his mission to the world?

Parents: We do.

Minister: Do you promise to raise Aaron in the love and knowledge of our Lord Jesus Christ within the home and the fellowship of the church?

Parents: We do.

Affirmation of the Congregation

Minister: Do you, as members of the church of Jesus Christ, promise to guide and nurture Aaron, by word and deed, with love and in prayer, encouraging them to follow the way of Christ, and to be faithful members of the church?

Congregation: We do.

Profession of Faith (#539)

All: I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, God's only son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sin, the resurrection of the body, and the life everlasting.

Prayer of Thanksgiving

Minister: The Lord be with you.

People: And also with you.

Minister: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Minister: We give you thanks, O gracious God, for the gift of your Spirit and the sign of water. In the beginning, when your Spirit moved over the waters, you gave order and life to your planet earth. By the waters of the flood you cleansed the world and established with Noah and his family a new beginning for all people. In the time of Moses, you led your people out of slavery through the waters of the sea, making covenant with them in a new land. In the fullness of time you sent Jesus Christ, who was formed in the water of a woman's womb. Gracious God, by the gift of water and your Holy Spirit you sustain all life.

The minister takes the pitcher of water and pours it into the font.

Minister: By the power of your Holy Spirit, by the sign of this water, you cleanse from sin through the death of Jesus Christ those who receive this sacrament, you raise them to new life through his resurrection, and you graft them into his body, the church. Pour out your Holy Spirit onto this child, that he may have power to do your will and continue forever as a servant of Christ to whom, with you and the Holy Spirit be all honour and glory now and forever. Amen.

The Act of Baptizing

Minister: Aaron Max, I baptize you in the name of the Father, and of the Son and of the Holy Spirit. May the Spirit of God dwell in you and uphold you, now and forever. Amen. Aaron, you are now received by Christ's appointment into the holy catholic church. Through baptism, God has made you a member of the household of God to share with Christ in the priesthood of all believers. Be one with us in the church.

Presentation of the Baptismal Certificate

The Aaronic Blessing

to hear God's word

Prayer for Insight and Understanding

Janet: Nourishing God, feed us with your Word today. May it strengthen our faith and guide our living, so that the world may see us as your faithful people. Amen.

Psalm 23 (read responsively)

Janet: The Lord is my shepherd, I shall not want.

People: The Lord makes me lie down in green pastures,

Janet: leads me beside still waters, restores my soul,

People: and leads me in the right paths for the sake of the Lord's name.

Janet: Even though I walk through the valley of the shadow of death,

People: I fear no evil; for you are with me;

Janet: your rod and your staff – they comfort me.

People: You prepare a table before me in the presence of my enemies;

Janet: you anoint my head with oil;

People: my cup overflows.

Janet: Surely goodness and mercy shall follow me all my life,
People: and I shall dwell in the house of the Lord for the length of my days.

The Scripture Lesson

Matthew 6: 11 and Luke 11: 3

New International Version (NIV)

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Janet: In Matthew, Chapter 6, verse 11 we read – “Give us today our daily bread.” Then in Luke, Chapter 11, verse 3 we read – “Give us each day our daily bread.”

Janet: For the word of God in scripture, for the word of God within us, and for the word of God around us.

People: Thanks be to God.

Vocal Solo:

Be Thou My Vision

arr. Richard Walters

Soprano Soloist: Marianne Emig Carr

The Meditation

Give Us This Day Our Daily Bread

During the month of August, we are slowly making our way through the Lord's Prayer, one phrase at a time. We have prayed about God's name being made holy. We have prayed for God's kingdom to come, and God's will to be done. Now, with just a few simple words, the prayer turns in a new direction: "**Give us this day our daily bread.**" It is one of the shortest petitions in the Lord's Prayer, but perhaps one of the most profound.

This Sunday is also a day of baptism. As we welcome a child into the covenant family of faith, we are reminded that God is the One who provides for us long before we can provide for ourselves. Every child enters this world utterly dependent upon others. Before they can speak or walk or feed themselves, they rely on loving hands to care for them. In baptism we proclaim an even deeper truth: throughout our lives, we never outgrow our dependence upon God. The words, "*Give us this day our daily bread,*" remind us of that dependence.

The petition sounds, well, so ordinary. Bread was the staple food of Jesus' day. It was not a luxury; it was what sustained life. So, when Jesus teaches us to pray for bread, he is teaching us to bring our most basic needs before God. Jesus does not tell us to ask for everything we will ever need! Instead, he tells us to ask for our **daily** bread. Jesus echoes the story of Israel in the wilderness. Each morning God provided manna from heaven. The people were instructed to gather only enough for that day. If they tried to hoard it, it spoiled. Every sunrise became an invitation to trust that God would once again provide. That is not an easy lesson for us. Most of us prefer security to dependence. We like savings accounts, retirement plans, insurance policies, and carefully organized calendars. There is wisdom in planning ahead, of course. Scripture commends responsible stewardship. But there is a difference between prudent planning and believing that our security ultimately rests in ourselves. The

prayer reminds us that every good gift ultimately comes from God. Every loaf of bread represents countless gifts we often overlook: fertile soil, rain, sunshine, farmers, truck drivers, grocery store workers, bakers, and all the ordinary people through whom God quietly works. God's provision usually comes through human hands.

Perhaps that is why Jesus teaches us to ask for bread rather than money. Money itself cannot be eaten. Bread reminds us of real, tangible provision - of what truly sustains life. And yet this prayer is about far more than food. Martin Luther once wrote that "daily bread" includes everything necessary for life: food, clothing, home, work, health, good government, faithful friends, peace, and all that allows life to flourish. In other words, when we pray for daily bread, we are placing every part of our lives into God's care. And this idea of "letting go", of trusting God with all aspects of life, connects beautifully with our Psalm for today.

"The Lord is my shepherd; I shall not want." The psalmist does not promise that life will always be easy or comfortable. There are dark valleys in life – enemies, dangers, difficult or painful times. Yet throughout it all, the shepherd never abandons the sheep. *"He makes me lie down in green pastures; He leads me beside still waters."* And *"You prepare a table before me in the presence of my enemies."* Notice how often the Psalm portrays God providing what is needed. Green pastures, still waters. A table. An overflowing cup. The image is one of abundance—not necessarily in possessions, but abundance in God's faithful presence. That is what "daily bread" ultimately points us toward - that God gives us enough grace, strength, light and hope for each day.

There is another word in this petition that deserves our attention. Jesus teaches us to pray **"Give us"** our daily bread. Remember one of the first things I mentioned about the Lord's Prayer, back on August 2nd? The prayer refers to **"our Father"**, not **"my Father"**. Today, we are again reminded that this is a community prayer. We are praying not only for ourselves, but for our neighbours. If someone lacks daily bread, then this prayer calls the whole community to respond.

Throughout Scripture, God's people are continually reminded to care for the hungry, the poor, the widow, the orphan, and the stranger. We cannot sincerely pray for daily bread while ignoring those whose cupboards are empty. This congregation understands that well. Whether through Breakfast Bags, Sunday Suppers, supporting the Food Bank or Loaves & Fishes, or responding to Presbyterian World Service & Development appeals, we seek to become part of God's answer to this prayer. Often God answers the prayer for daily bread by using us, God's hands and feet on earth.

As we celebrate Aaron's baptism today, we are reminded that every baptized person is welcomed into a community where no one is meant to walk alone. The promises we make today are not simply about teaching the faith. They are promises to surround one another with love, encouragement, prayer, and practical care.

There is one additional aspect to these words. Jesus says in the Gospel of John “*I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.*” This reminds us that, while physical bread sustains us for a day, Christ nourishes us for eternity. Every time we pray this petition, we are asking not only for food for our bodies but for the presence of Christ, who feeds our souls with forgiveness, hope, peace, and new life.

So perhaps this week we might slow down before meals. As we break bread, we can remember the Giver of every good gift. We can pray for those who are still hungry. We can thank God for today's blessings instead of worrying about tomorrow's uncertainties. And we can trust the Shepherd who promises to walk beside us every step of the journey. For the God who provides green pastures and still waters, who feeds us with daily bread, who welcomes us into the family through baptism, and who gives us Christ, the Bread of Life, is faithful yesterday, today, and forever. Thanks be to God. Amen.

Blessing the Word in our Lives

Minister: Blessed are you, O Lord, source of beauty, peace and sustenance. Strengthen and inspire us to do the Word we hear read and proclaimed and live the faith we confess. Amen.

Hymn # 450:

Great Shepherd of your people, hear!

Words & Music: Public domain

1. Great Shepherd of your people, hear!

Your presence now display;
as you have given a place for prayer,
so give us hearts to pray.

2. Within these walls let holy peace
and love and friendship dwell;
here give the troubled conscience ease;
the wounded spirit heal.

3. May we in faith receive your word,
in faith present our prayers,
and in the presence of our Lord
unburden all our cares.

4. The hearing ear, the seeing eye,
the contrite heart bestow,
and shine upon us from on high,
that we in grace may grow.

Responding in love with thanksgiving

Prayers of the People, the Lord's Prayer and Choral Amen

Minister: Providing and compassionate God, you are our shepherd, leading us beside still waters and restoring our souls. You know our needs before we speak them, and you sustain us day by day with your mercy and grace. Today we pray for all who hunger. For those without enough food, safe shelter, clean water, or access to medical care, we ask for your provision and protection. Move governments, communities, and individuals toward generosity and justice.

People: Caring God, hear our prayer.

Minister: We pray for farmers, food bank workers, grocery clerks, truck drivers, caregivers, and all whose labour helps sustain others. Bless their efforts, keep them safe, and assure them of your love and grace.

People: Caring God, hear our prayer.

Minister: We pray for those who hunger in less visible ways—those longing for companionship, purpose, healing, forgiveness, or hope. For people carrying loneliness, anxiety, exhaustion, or grief, may your presence bring comfort.

People: Caring God, hear our prayer.

Minister: We pray for children and youth growing up in uncertain times. Surround them with love, encouragement, and opportunities to flourish. Guide parents, teachers, mentors, and caregivers with patience and wisdom.

People: Caring God, hear our prayer.

Minister: We pray for those who are ill or recovering from illness, for those awaiting test results or treatment, and for all who care for loved ones through difficult seasons.

People: Caring God, hear our prayer

Minister: Generous God, teach us to trust your provision. Free us from fear and scarcity thinking. Help us to share what we have with open hearts, remembering that your blessings are meant for the good of all. And when we walk through valleys of uncertainty or sorrow, remind us that we are never alone, for you are with us. We offer these prayers in the name of Christ, our shepherd and our peace, and who taught us to pray together, saying,

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. Lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The People's Offering for the Work of Christ's Church

Invitation to the Offering

Minister: Freely we have received; freely let us give. May our gifts become bread for a hungry world. Our offerings will now be received.

You can give to First Presbyterian Church.....

* by pre-authorized remittance (P.A.R.) (<https://presbyterian.ca/plannedgiving/pre-authorized-remittance-par-program/>). Contact the Church Office.

* by e-transfer to firstkirk@truespeed.ca

* by mail to First Presbyterian Church, P.O. Box 885, 10 Church Street, Brockville, Ont., K6V 5W1

Offering Praise Song

Praise God from whom all blessings flow.

Praise him, all creatures here below.

Praise him above, ye heavenly host.

Praise Father, Son, and Holy Ghost.

Prayer of Dedication

Minister: God of provision, multiply these gifts for the work of ministry, compassion, and hope, and give strength and encouragement to our hands to do the work of love to which you have called us. Amen.

Sending Hymn # 324:

Great is thy faithfulness

Words & Music: Public domain

1 1. Great is thy faithfulness, O God my Father;
there is no shadow of turning with thee;
thou changest not, thy compassions, they fail not;
as thou hast been, thou forever will be.

Great is thy faithfulness;

Great is thy faithfulness;

morning by morning new mercies I see.

All I have needed thy hand hath provided;

great is thy faithfulness, Lord, unto me!

2. Summer and winter and springtime and harvest,
sun, moon and stars in their courses above,
join with all nature in eloquent witness
to thy great faithfulness, mercy and love.

Great is thy faithfulness;

Great is thy faithfulness;

morning by morning new mercies I see.
All I have needed thy hand hath provided;
great is thy faithfulness, Lord, unto me!

3. Pardon for sin and a peace that endureth,
thine own dear presence to cheer and to guide;
strength for today and bright hope for tomorrow:
blessings all mine, with ten thousand beside!
Great is thy faithfulness;
Great is thy faithfulness;
morning by morning new mercies I see.
All I have needed thy hand hath provided;
great is thy faithfulness, Lord, unto me!

The Benediction and Choral Amen

Minister: May the God who guides us to green pastures and still waters, and who provides us with our daily bread, strengthen and sustain you in the days ahead. And as you go into the world, go knowing that your Good Shepherd goes with you, bringing you grace, peace and joy today and every day. Amen.

The Organ Postlude

Trumpet Tune in C

Michael Ryan

In Memoriam

We extend our love and sympathy to David Hallett and Darlene on the death of their mother **DORIS HALLETT**, on Wednesday, August 12th, 2026, in the Palliative Care Wing of the Brockville General Hospital. No arrangements are available at this time. Please remember David, Darlene and the family in your prayers.



Each year, with support from Presbyterians Sharing through Regional Resourcing Grants, the Presbytery of Vancouver Island hosts a retreat that nurtures faith, friendship, and renewal for women. Participants, ranging in age from 19 to 83, reflect the rich diversity of generations growing together in Christ. Through shared worship, meaningful conversations, and engaging activities, participants from across the island deepen their spiritual practices and support one another in their journeys of faith. Guided by inspiring guest speakers and rooted in community, the retreat provides a space to listen, learn, and grow, leaving every participant refreshed, strengthened, and more deeply connected in heart and spirit.

A Mission Moment from The PCC

The Sacrament of Baptism

This morning, we welcome into the body of Christ,
through the Sacrament of Baptism,

AARON MAX SPLANE-DOWDALL

Son of Tyler Dowdall and Lindsay Splane-Dowdall
Godson of Shelby Splane, Brittany Splane and Jenny Wood
Great grandson of Max Farrelly (deceased)

We are delighted to welcome the family and their friends to share in this special event and pray that God will bless Aaron and his family in the years ahead.

Stewardship Moments: Inspiring Generosity

**There is always, always, always
something to be grateful for.**

Unknown



The Presbyterian Church in Canada

presbyterian.ca

Happy Birthday – August 16th to 22nd

ANNE AWORI – August 18th

SUE ROGERS – August 18th

LINDA TRAIL – August 21st

Happy Anniversary to

JOHN & DEBRA LEE WILDERSPIN

August 16th

Office Hours – August 17th to 21st

Mondays – 10 am. to 4:30 pm.

Tuesdays – 10 am. to 4:30 pm.

Wednesdays – 10 am. to 4:30 pm.

Thursdays – 10 am. to 4:30 pm.

Fridays – 10 am. to 1:30 pm.

It is a good idea to call the office to make sure Office Marianne is not at an appointment.

Available this morning on the table
at the rear of the Sanctuary

**Copies of the AUGUST & SEPTEMBER
PRAYER CALENDARS** – Please take a copy!

**SERVICES of WORSHIP
in the Summer Months**

Sundays, August 16th, 23rd, 30th

**Minister: The Reverend Marianne Emig Carr
First Presbyterian Church
at First Presbyterian Church - 11 am.**

Rally Sunday, September 6th

at St. Lawrence Park - 11 am.

Minister: The Reverend Marianne Emig Carr

During the month of August, the congregations of First Baptist Church and First Presbyterian Church will come together to worship at First Presbyterian Church at 11 am. In August, First Church will provide the volunteers and produce the bulletin, outreach deliveries, and the prayer calendar. A note about givings: The loose collection in August will remain with First Presbyterian Church. Etransfers will be available as usual, and envelopes can be left at the church office during the week.

As you go through the summer months, please remember **THE CHALLENGE!** How did you spend your summer? Where did you go? Whom did you visit? Send pictures and stories etc. to firstkirk@truespeed.ca anytime now. Thanks!

FIRST PRESBYTERIAN CHURCH

RALLY and CAMP SUNDAY

September 6th, 2026 - St. Lawrence Park Upper Level at 11 am.

The congregation is invited to enjoy outdoor worship and a picnic luncheon as we begin a new and exciting church year! You need to bring your lunch, your chair and your enthusiasm. Worship, fun and fellowship provided! Parking is available in the parking lot south of King Street. A shuttle service will take you to the event site if you require it. In the event of rain, we will be in the Church. Plan to come and begin the year together!



FIRST LINK LEARNING SERIES

'FIRST STEPS'

for those caring for someone with Alzheimer's disease or a related dementia and those who have been diagnosed.

To register:

To attend **on-line** use the Zoom link below:

<https://us02web.zoom.us/join/6-DAVyFbQMKUJ9suD-nGpg>

To attend **in-person** at the Brockville office contact:

Sean McFadden at 1-866-576-8556 or email at smcfadden@alzlg.ca

TIME: 1:30 pm – 3 pm.

WHEN:

TUESDAY August 18th, 2026

What is Dementia:

Learn about Alzheimer's disease and other related dementia along with treatment options.

TUESDAY August 25th, 2026

Adapting to Brain Changes:

Learn about changes in the brain and their relationship with symptoms.

TUESDAY September 1st, 2026

Planning Ahead:

Learn about the importance of legal and financial planning.

TUESDAY September 8th, 2026

Building a Circle of Support:

Learn about the signs of emotional and physical stress and what you can do to find support.



Visit PCCONNECT

communications@presbyterian.ca

I often use an article from this publication in the church bulletin, but in this article there is so much information that there is not enough room. So please visit the link above for news, projects to support, courses to take, and updates on projects supported by the PWS&D through ACT Alliance. The Presbyterian Church in Canada is hard at work providing support, assistance, courses, etc. Be part of the action and support your church.

