



First Presbyterian Church

Sunday, October 18th, 2026 – World Food Day

The 21st Sunday after Pentecost – with Communion

Minister: The Reverend Marianne Emig Carr

Director of Music: Kathleen Howard

Reader: Linda Osmond

Welcome to worship!

Information for In-Person Worship

- * **ACCESSIBLE WASHROOM FACILITIES** for all people are available on the Sanctuary level. These washrooms are found through the doors behind the Choir Loft - right turn - straight ahead. Please feel free to use these washrooms whenever necessary!
- * **CHILDREN'S MINISTRY** – The children are invited to join Denise Kent (Church School Coordinator) and Max Chapman (Church School Assistant) for a time of fun, games, and faith-centered activities in the Lower Hall at the beginning of our service. The children will return to the Sanctuary in time to receive communion with their families.
- * **HEARING IN THE SANCTUARY** - First Church has available a system of FM RECEIVERS and HEADSETS. They are for use by those who find it difficult to hear in the Sanctuary. If you would like to use one this morning, please speak with our Sound Technician.
- * **COFFEE HOUR** – You are invited to join us for coffee and fellowship in the Church Hall this morning, following worship. To access the Hall, go through the doors behind the choir loft (or use the lift) and down the stairs. Just follow your nose to delicious treats and stimulating conversation. To volunteer to host, bake, or bring food to any coffee hour sign the sheet in the Church Hall or call Tamara Chapman.
- * **PLEASE NOTE – DO YOU HAVE QUESTIONS?** If you do, the Greeters are the appropriate people to go to for ALL questions and assistance with the elevator, water, washrooms, bulletins, etc.

ASSISTING YOU THIS MORNING

Greeter: Gwen Paul Elevator: Mark Leslie
Sound and Video Team – Quentin Robinson, Michel LaBonte
Mark Leslie and Kade LeBrun

- * Our website and social media accounts:

<https://pccweb.ca/firstchurch-brockville/>

<https://www.facebook.com/Firstkirk/>

www.instagram.com/firstpresbrockville/

<https://twitter.com/firstkirk>

- * YouTube Channel: <https://www.youtube.com/@firstpresbyterianchurchbro482/streams>

- * Cogeco/Channel 10/700 Services every Sunday at 7 am. and 5:30 pm.

- * For pastoral care or assistance, please call the Church Office at 613-345-5014 or 613-340-3310. You may also call or text Reverend Marianne at 613-449-5042.

NEED A RIDE?

Call Executive Taxi!

A free service provided by
your M.O.V.E. Committee



the people of God gather....

Organ Prelude:

Preludio

C. Adolfo Bassi

Welcome and Announcements

Call to Worship God:

Minister: Come, people of God, and gather around the table of grace.

People: We come with gratitude for the food that sustains us.

Minister: We remember those whose tables are empty, whose harvests have failed, and whose homes have been disrupted by conflict.

People: We remember our neighbours, near and far, and pray for a world where all have enough.

Minister: Christ invites us to his table, where love is shared and grace is freely given.

People: May our worship lead us toward compassion, justice, and peace.

All: Come, let us worship the God who nourishes creation and calls us to set the table for peace.

Opening Hymn # 805:

Give thanks, my soul, for harvest

Words: William Watkins Reid ©1989 Hope Publishing Co.

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1. Give thanks, my soul, for harvest,
for store of fruit and grain,
but know the owner gives us
that we may share again;
where souls are lone and hungry,
where needy children cry,
with gifts from God's rich bounty
may thankfulness reply.

2. Give thanks, my soul for riches
of woodland, mine, and hill,
but know that gold and timber
are the Creator's still.
and God's on lone to stewards
to fashion and to share,
providing all earth's children the blessing of God's care.

3. Give thanks, my soul, for labours
that strength and days employ,
but know that Maker's purpose
bring toil as well as joy.

Where leads the path to error,
where justice lies in chain,
where hoarders cause new hunger,
there must we strive again.

4. Give thanks, my soul, for beauty,
for vision, hope and skill,
for Christ, divine revealer
of God's redeeming will.
Show forth, O God, your purpose;
direct our will and hand
to share your love and bounty with all, in every land.

Prayer As We Approach God:

Minister: God of creation and abundance, we praise you for the earth that sustains us, for the sun and rain, for the seeds that grow, and for the people whose labour brings food to our tables.

People: You are the giver of life, and your desire is that all people may experience the fullness of life.

Minister: You call us into a world where nourishment is shared, where communities have the resources they need, and where peace is more than the absence of war.

People: We praise you for the ways your people work together across borders and cultures to respond to hunger and build hope.

Minister: As we gather around your table today, open our hearts to your generosity. Teach us to reflect your love in all that we do.

People: Receive our worship this day, through Jesus Christ our Lord. Amen.

The Chancel Choir Introit:

At the Table of the Lord

Joseph M. Martin & David Angerman

Prayer of Confession:

Minister: God of mercy, we confess that we live in a world where some have more than enough while others struggle to find their next meal.

People: We confess that we can overlook the connections between our own lives and the lives of people who grow, harvest, and prepare our food. We sometimes fail to recognize how conflict, poverty, and injustice leave families without the security they need.

Minister: Forgive us when we are indifferent to the suffering of others. Forgive us when we protect our own comfort without considering our shared responsibility for the earth and its people.

People: Turn our hearts toward compassion. Give us courage to challenge injustice, generosity to share what we have, and humility to listen to those who experience hunger.

All: Help us become people who set tables of welcome, dignity, and peace. In the name of Jesus Christ, we pray. Amen.

Assurance of God's Forgiveness:

Minister: God's mercy is wider than our failures, and God's love calls us into new ways of living. In Jesus Christ, we are forgiven and renewed. We are invited to receive grace and to extend that grace through our words, our choices, and our actions. Thanks be to God. Amen.

Hymn # 333:

I sing the almighty power of God

Words & Music: Public domain

1. I sing the almighty power of God
that made the mountains rise,
that spread the flowing seas abroad
and built the lofty skies.
I sing the wisdom that ordained
the sun to rule the day;
the moon shines full at God's command,
and all the stars obey.

2. I sing the goodness of the Lord,
that filled the earth with food;
God formed the creatures with a word,
and then pronounced them good.
Lord, how thy wonders are displayed,
where'er I turn my eyes,
if I survey the ground I tread
or gaze upon the skies!

3. There's not a plant or flower below
but makes thy glories known,
and clouds arise and tempests blow

by order from thy throne,
while all that borrows life from thee
is ever in thy care,
and everywhere that I could be,
thou, God, are present there.

to hear God's word

Prayer for Insight and Understanding:

Linda: God of wisdom, open our hearts as we hear your Word. Help us understand your call to care for those who hunger, to seek peace where there is conflict, and to share the abundance of your creation. May your Spirit challenge us, encourage us, and guide us toward faithful action. Amen.

Psalm 96 (read responsively):

Linda: O sing to the Lord a new song;

People: sing to the Lord, all the earth.

Linda: Sing to the Lord, bless God's name;

People: proclaim God's salvation from day to day.

Linda: Declare the Lord's glory among the nations,

People: the Lord's marvelous works among all the peoples.

Linda: Great is the Lord, and greatly to be praised;

People: to be revered above all gods.

Linda: For all the gods of the peoples are idols,

People: but the Lord made the heavens.

Linda: Honour and majesty are in God's presence,

People: strength and beauty are in God's sanctuary.

Linda: Ascribe to the Lord, O families of the peoples, ascribe to the Lord glory and strength.

People: Ascribe to the Lord the glory due God's name; bring an offering and come into the courts of the Lord.

Linda: Worship the Lord in holy splendor;

People: tremble before the Lord, all the earth.

Linda: Say among the nations, “The Lord reigns!

People: The world is firmly established; it shall never be moved. The Lord will judge the peoples with equity.’

Linda: Let the heavens be glad, and let the earth rejoice;

People: let the sea roar, and all that fills it; let the field exult, and everything in it.

Linda: Then shall all the trees of the forest sing for joy before the Lord; who is coming, who is coming to judge the earth.

People: The Lord will judge the world with righteousness, and the peoples with truth.

The Scripture Lesson:

Luke 4: 14-20

New International Version (NIV)

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Linda: Jesus Rejected at Nazareth

Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside. He was teaching in their synagogues, and everyone praised him. He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord’s favour.”

Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him.

Linda: For the word of God in scripture, for the word of God within us, and for the word of God around us.

People: Thanks be to God.

The Chancel Choir Anthem:

We Come Together Here

James M. Stevens & J. Paul Williams

The Message:

Setting the Table for Peace

Guest Speaker: **Phil Vandenberg** - Volunteer Ambassador Canadian Foodgrains Bank

Blessing the Word in our Lives:

Minister: Creator, Christ and Spirit, open our senses to perceive your loving presence and your will as we hear your Word read and preached, so we have a greater understanding of your message for us today. Amen.

Hymn # 529:

O holy Father, God most dear

*Words: G. A. Tomlinson © St. Martin's Publications
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1. O holy Father, God most dear,
behold us round thine altar here;
accept for sacrifice, we pray,
the common food we here display.
For bread set forth, for wine outpoured,
we bless thee, all-creating Lord.

2. O Christ, who at the supper board
took bread and wine and spoke the word,
and, in that solemn paschal meal,
gave flesh and blood our wound to heal,
for us redeemed, for life restored,
we bless thee, all-creating Word.

3. O Holy Spirit, be thou nigh
this bread and cup to sanctify,
that, eating of the food unpriced,
we form one body, one in Christ.
Redeemed, restored in unity,
we blee thee, Holy Trinity.

Responding in love with thanksgiving

Prayers of the People, the Lord's Prayer and Choral Amen

Minister: Gracious God, you are the source of life and the giver of our daily bread. We bring before you a world in need of nourishment, justice, and peace. We pray for people caught in war and violence, thinking especially today of Ukraine, Gaza, Sudan, Yemen, and the Democratic Republic of Congo. Where conflict destroys farms, markets, homes, and livelihoods, bring protection and peace. Where people have been displaced, may they find welcome, safety, and reliable food. Give wisdom and courage to those working to end violence and address the causes of hunger. God of mercy,

People: hear our prayer.

Minister: We pray for farmers, agricultural workers, and communities who produce food. May they have access to land, water, knowledge, tools, and fair opportunities. Support those working to strengthen local food systems and help communities develop lasting solutions to hunger. God of mercy,

People: hear our prayer.

Minister: We pray for the Canadian Foodgrains Bank, its member churches, including Presbyterian World Service & Development, and its partners around the world. Bless their work in emergency assistance, agricultural development, and advocacy. May their efforts contribute to a world where hunger is overcome and communities can flourish. God of mercy,

People: hear our prayer.

Minister: We pray for those experiencing food insecurity in our own communities. We remember food banks, community kitchens, volunteers, and organizations that serve those in need. Show us how our congregation can be a source of practical care and welcome. God of mercy,

People: hear our prayer.

Minister: We pray for those who are sick, lonely, grieving, or facing uncertainty. May they experience the comfort of your presence and the practical care of people who love them. And we pray for ourselves. Help us recognize the abundance we receive, to waste less, to share more generously, and to speak up for policies and practices that support food security and peace. God of mercy,

People: hear our prayer.

Minister: God of compassion, hear our prayers. Make us instruments of your peace and partners in your work of nourishing the world.

We offer these prayers in the name of Jesus Christ, who taught us to pray:

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. Lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The People's Offering for the Work of Christ's Church

Invitation to the Offering:

Minister: God's gifts sustain us each day. Our offerings are one way we respond to those gifts and participate in God's work of compassion and justice. As we receive the offering, let us remember those who hunger and consider how our generosity can contribute to a world where all have enough.

You can give to First Presbyterian Church.....

* by pre-authorized remittance (P.A.R.) (<https://presbyterian.ca/plannedgiving/pre-authorized-remittance-par-program/>). Contact the Church Office.

* by e-transfer to firstkirk@truespeed.ca

* by mail to First Presbyterian Church, P.O. Box 885, 10 Church Street, Brockville, Ont., K6V 5W1

Offering Praise Song:

Praise God from whom all blessings flow.

Praise him, all creatures here below.

Praise him above, ye heavenly host.

Praise Father, Son, and Holy Ghost.

Prayer of Dedication:

Minister: Gracious God, receive these gifts and use them for the nourishment of your people. Bless the work of those who respond to hunger, support farmers, strengthen communities, and build peace. May our offerings be signs of our commitment to a world where every person has a place at the table, and there is enough for all. In Christ's name. Amen.

The Sacrament of the Lord's Supper

Invitation to the Table:

Minister: Friends in Christ, Jesus invites us to his table. Here, no one comes because they have earned a place. We come because Christ offers grace freely. Here we remember that our daily bread is a gift, and that God's love calls us to share the gifts we receive. As we receive the bread and cup, we remember those who hunger, those who work for peace, and those who long for a world where every person can live with dignity. All who trust in Christ and desire to follow him are welcome at this table. Come, for all things are now ready.

The Great Prayer of Thanksgiving:

Minister: The Lord be with you.

People: And also with you.

Minister: Lift up your hearts.

People: We lift them up to the Lord.

Minister: Let us give thanks to the Lord our God;

People: It is right to give God thanks and praise.

Minister: It is right, and it is our joy, to give you thanks and praise, O God, Creator of all things and giver of every good gift. You made the earth in its abundance. You entrusted its care to us, and you called creation good. From the soil, the rain, and the work of human hands, you provide food to sustain life. Yet we confess that your gifts have not always been shared with justice. Too many go hungry while others have more than enough. Too many communities suffer because of conflict, poverty, and the destruction of their livelihoods. Still,

you do not abandon your people. Through prophets and teachers, you call us toward justice. Through Christ, you reveal a love that welcomes the stranger, feeds the hungry, and breaks down the walls that divide us. Therefore, with all the heavenly host and the great cloud of witnesses that have gone before us, we join with the whole creation to lift our hearts in joyful praise:

All: Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

Minister: Holy is your son, Jesus. Walking this earth, feeding the hungry, calling the lost, offering healing and teaching to all who sought him, he revealed your kingdom at work in your world. On the night he was arrested, Jesus came to the table with those he loved to share a meal that promised freedom, freedom that required courage and sacrifice. He took bread and blessed the God of all creation. He broke the bread among his disciples and said: Take this, all of you, and eat it. This is my body, given for you.

When the supper was ended, he took a cup of wine and gave thanks to the God of all creation. He passed the cup among his disciples and said: Take this, all of you, and drink from it. This is the cup of the new covenant, sealed in my blood for the forgiveness of sin. Do this to remember me. So now we do as Jesus did. We take this bread and this wine, ordinary things of the world. In these, Jesus has promised to be present; through these Christ can make us whole. Every time we eat this bread and share this cup in Jesus' name, we recall the mystery of faith:

All: Christ has died. Christ is risen. Christ will come again.

Minister: O God, pour out your Spirit upon us and upon these gifts of bread and wine, as we remember Jesus, poured out for our sakes. Gather your Church together from the ends of the earth into your kingdom where peace and justice are realized, and joy will be shared at the banquet you prepare for us when heaven and earth join hands. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit all honour and glory are yours, Tender and Mighty God, now and forever. Amen.

Prayer after Communion:

Minister: Gracious God, we give you thanks for meeting us at this table. In the bread and cup, we have remembered the love of Jesus Christ and the grace that sustains us. You have nourished us in faith and reminded us that we belong to one another. As we leave this table, help us remember those who hunger. May the bread we have shared inspire us to share our resources, our time, and our compassion. Make us faithful in our care for creation and courageous in our work for peace. Help us to recognize Christ in our neighbours and to welcome others as we have been welcomed. May our lives reflect the grace we have received,

so that our communities may become places of justice, dignity, and abundance for all. We pray in the name of Jesus Christ, our Lord and Saviour. Amen.

Sending Hymn # 471:

We are one in the Spirit

Words & Music: Peter Scholtes

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1. We are one in the Spirit, we are one in the Lord,
we are one in the Spirit, we are one in the Lord,
and we pray that all unity will one day be restored
and they'll know we are Christians by our love, by our love
and they'll know we are Christians by our love.
2. We will walk with each other, we will walk hand in hand,
we will walk with each other, we will walk hand in hand,
and together we will spread the news that God is in our land,
and they'll know we are Christians by our love, by our love
and they'll know we are Christians by our love.
3. We will work with each other, we will work side by side,
We will work with each other, we will work side by side,
and we'll guard each one's dignity and save each other's pride,
and they'll know we are Christians by our love, by our love
and they'll know we are Christians by our love.
4. All praise to the father, from whom all things come,
and all praise to Christ Jesus, who is God's only Son,
and all praise to the Spirit who makes us one,
and they'll know we are Christians by our love, by our love
and they'll know we are Christians by our love.

The Benediction:

Minister: Go now as people who have received God's abundance. Where there is hunger, seek ways to share. Where there is injustice, seek ways to make change. Where there is conflict, work for peace. Where communities are striving to flourish, listen, support, and walk alongside them. May we not only pray for daily bread but help to make it possible for all. May the God of creation sustain you with daily bread. May Christ, who welcomed the hungry and fed the multitude, teach you compassion and generosity. May the Holy Spirit give you courage to work for justice, peace, and a world where all are fed. And may the blessing of the Triune God, Parent, Son, and Holy Spirit, rest upon you and remain with you, now & always. Amen.

Organ Postlude:

Rigaudon

Jean-Philippe Rameau



Phil & Jannetta Vandenberg

Phil grew up on a dairy farm in the Lindsay area and graduated from the University of Guelph in Agriculture Mechanization in 1978. He took his first job with Massey Ferguson Engineering in Toronto. When Massey closed their doors in the early 80's, Phil started work with Kubota Canada and enjoyed a 30 year career with this Japanese tractor company in the role of Engineering Manager. It was during this time that God was placing on Phil and Jannetta's hearts the idea of serving others cross culturally. In 2013, Phil and Jannetta responded to that call and applied to and were accepted by World Renew as Global Volunteers and were asked to serve in Tanzania East

Africa. World Renew is one of the founding members of the Canadian Foodgrains Bank. In Tanzania, Phil's position was as an agriculturalist, Jannetta as a health care volunteer as her background is in nursing. During their 8 years in Tanzania, Phil and Jannetta came "face to face with hunger" as they worked alongside communities that were food insecure. There were times when there were no rains for 16 months and rural villages had no food. Food aid from outside the country was necessary. It was at this time that the Canadian Foodgrains Bank, with support from the Government of Canada, initiated a scaling up agriculture program that both Phil and Jannetta were involved with. It was this connection with Canadian Foodgrains Bank that, several years later, led Phil to join Canadian Foodgrains Bank as a volunteer.



Journey for Hope is a Canada-wide fundraiser for PWS&D food security work around the world. This year marks the sixth year that participants from coast to coast have raised funds to support food security in the world. Teams walk, roll, bike or take part in other activities their communities love. Ultimately, Journey for Hope is about partnership—people across Canada working together to plan local events that raise funds for the church's work to ensure that marginalized families in places like the Sudan, Gaza, Malawi, Pakistan, Nepal, Guatemala, Democratic Republic of Congo (DRC) and Ethiopia have reliable access to nutritious food. Journey for Hope is just one way to get involved.

A Mission Moment from The PCC

FIRST PRESBYTERIAN CHURCH OCTOBER CALENDAR

LOAVES & FISHES SUNDAY 1st Sunday of each month
CRAFT & CHAT Tuesday afternoons - Parlour – 1 to 4
FPC HAND BELL CHOIR Thursdays 4:15 pm. Red Rm
FPC CHANCEL CHOIR – Thurs. Afternoons - 3 pm - Choir Room; Sunday Mornings - 9:30 am - Choir Rm
SUNDAY SUPPER – 4th Sunday of each month.

ONGOING PROJECTS: Grocery Bags, Egg Cartons, Survival Kits (Food Bank), Pop Cans for Maintenance, Breakfast Bags (Food Bank), Sunday Supper Ministry.

COMMUNITY GROUPS using the Church Building:

AA GROUP – Monday Evenings in the Church Hall

BGH DAY HOSPICE – Wednesday Mornings & Afternoons in Parlour and Church Hall

THE THOUSAND ISLANDERS CHORUS – Wednesday Evenings in the Church Hall

Oct 18 **SUNDAY WORSHIP (World Food Day) with Communion** - 11 am. - Sanctuary.
 Church School. Coffee Hour follows worship, in the Church Hall.

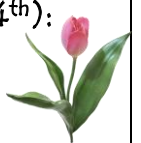
Reverend Marianne leads worship at the Wedgewood in the afternoon.

Oct 23 Reverend Marianne leads worship at Bridlewood in the afternoon.

Happy Birthday to (Oct. 18th to 24th):

BECKY HUCK – October 15th

SUSIE CRAIG – October 20th



Oct 25

Oct 26

2026-2027

Gifts of Change

California Department of Food and Agriculture

WHAT DOES THE BIBLE
SAY ABOUT...?

Heaven and Hell

A silhouette of a person with arms outstretched, standing in a field of tall grass against a bright, hazy sky. The person is facing away from the viewer, looking towards the horizon. The grass is in the foreground, and the sky is a mix of light blue and white, suggesting a sunrise or sunset. The overall mood is peaceful and contemplative.

Stewardship Moments: *Inspiring Generosity*

**Thus human freedom is
freedom to respond with
thanksgiving.**

Thomas Merton, Thoughts in Solitude

 The Presbyterian Church in Canada

presbyterian.ca

<https://presbyterian.ca/leadership-webinars/>



Until ALL Are Fed



Through Foodgrains Bank's members and their local partners, agriculture and livelihood projects implemented in countries around the world help people to produce food and increase their income so they can purchase what they need. To support Canadian Foodgrains Bank, donate through your regular offering envelope and clearly mark: **For Canadian Foodgrains Bank.**



NEPAL FLOOD UPDATE

September 16th, 2026

Current Responses, Impact Stories, Nepal

On August 26th, 2026, a devastating flash flood struck Nepal. Thousands of people have been affected by the loss of homes, livelihoods and essential services. Roads, bridges, electricity and communications infrastructure have suffered

extensive damage, making access to some communities extremely difficult. While the areas where **PWS&D**'s long-term development projects are implemented have not been affected, PWS&D is able to respond through its partner, International Nepal Fellowship (INF) Nepal, to provide emergency food aid over a three-to-six-month period. This project will receive 1:1 matching funds through **Canadian Foodgrains Bank**. Emergency non-food aid, including shelter, water and sanitation, health, and other necessary supports will occur through INF's response as part of the ACT Alliance Nepal Flood appeal. INF Nepal continues to assess emerging needs and response gaps while working closely with local authorities, communities and partners to identify where further support may be most appropriate. After the immediate emergency phase, continued attention is required for families who remain displaced, people whose access to essential services has been disrupted, and communities beginning the difficult process of recovery and rebuilding.

To support the Nepal flood response, donate through your regular offering envelope and clearly mark - For "PWS&D Nepal flood response."

Join us to
CELEBRATE
200 Years

of
Presbyterian Worship
at



St. Andrew's Presbyterian Church
21 Main St. S., Maxville, ON

Sunday, October 18th, 2026
ANNIVERSARY WORSHIP
2:00 p.m.

Light lunch to follow
At the Metcalfe Centre
34 Fair St., Maxville, ON

RSVP by
Saturday, October 10th, 2026
Please email: Sharon Simpson
simpson.sands2022@gmail.com
By Phone: Olga Ferrier
613-527-1226

Presbytery Youth Gracefield Retreat

Do you
like 
or  Follow
Jesus?

From Friday, Nov. 6 (6 pm)
until Sunday, Nov. 8 (4 pm)

Ages 11-17

Transportation: St. Paul's (971 Woodroffe Ave)

Contact prezminanimator@gmail.com
for more information



P.A. DAY CAMP
MONDAY, OCTOBER 26th
9 am. to 3 pm.

Our Mission Project for this P.A. Day Camp is in support of the Weekender Program 4 Students (WP4S) coordinated through Loaves & Fishes and St. Vincent DePaul. WP4S provides nutritious and kid-friendly snacks to vulnerable students in our community. A list of items that usually go in the Weekender Packs include:

- "Bear Paws"
- Crackers & Cheese (individual packets of 6 each)
- Juice boxes
- Fruit snacks (Welch's or similar)
- Pudding cups * Macaroni & Cheese
- "Fruit to go"
- Granola bars (nut-free)
- Fruit cups * Canned pasta
- Oatmeal packets
- Rice Krispie squares (individually wrapped)

Thank you for your generous support!



Call Chain

At this time of year, we review the Call Chain to make sure it is up to date. It is used to phone everyone if we have to cancel a service on account of a snowstorm or loss of heat in the church. We also send out emails and put a notice on the church web site, Facebook page, Instagram and Twitter.

If you check your email or one of the social media sites regularly and so do not need a phone call, please let us know by sending an email to thesession@truespeed.ca or speak to Quentin Robinson. Thank you.