

Let Us Pray...

Welcome!

It's almost time for our annual Spring Retreat. We hope you are looking forward to it as much as we are!

This year, along with Fr. Derrick Cameron as our keynote speaker, you can expect the following workshops...



Prayer as Art



Prayer in Music



Moving Prayer



Prayer Basics

What to Expect

Sorrento Conference Center is a charming rural retreat location along the Schuswap River. Dress is casual. Bring warm clothes for the evening.

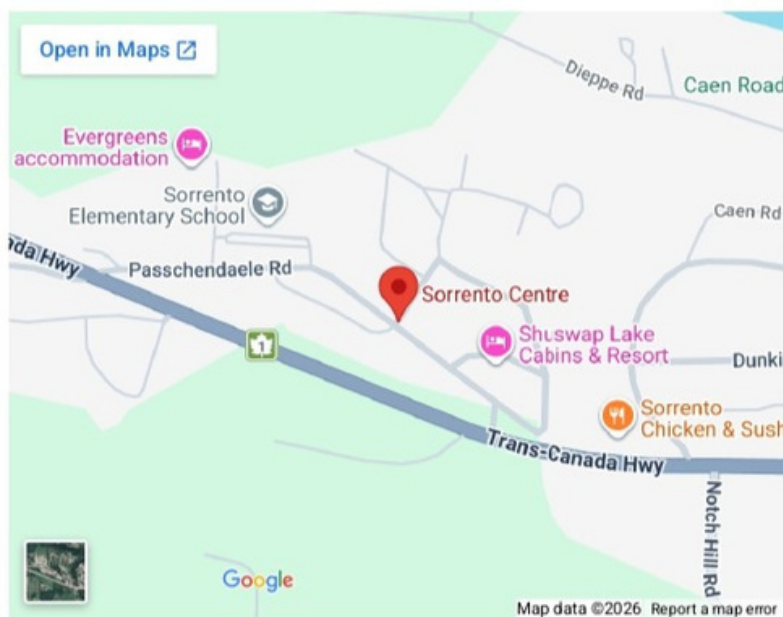
Accommodations are clean, but rustic and basic. This is not a hotel, so expect to share and be flexible. Think: Adult Christian Camping.

What to Bring

Bring what you can, and share with your new friends!

- Lawn Chairs
- Flashlight
- Marshmallow Roasting Sticks
- Musical Instruments
- Beverages & Snacks
- Camera/Digital Phone for Photography
- Light Scarves for Rhythmic Dancing





Office hours are Monday through Sunday, 9am - 4pm

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Directions



We acknowledge that this place of enchantment we call Sorrento is part of the traditional and unceded territory of the Secwepemc people. Since time immemorial, they have sought to live gently on this land. They offered assistance to the first European travelers to their territory and shared their knowledge of survival in what was, at times, a harsh climate. We seek a new relationship with the Original People of this land, one based in honour and deep respect.

Schedule

Thursday, June 25

Welcome - From 4 PM on

Dinner - 5:30 PM

Workshop # 1 - 7 PM [Grace Wulff]

Sangria & Smores by the Fire

Friday, June 26

Breakfast - 7:30AM - 8:30 AM

Workshop # 2 - 9:15 AM [Marion Hannaford]

Break - 10:30 AM - 11 AM

Scavenger Hunt - 11 AM - 12 PM

Hymn Sing - 12 PM - 12:30 PM

Lunch - 12:30 PM

Workshop # 3 - 2 PM [Linda Boisvert]

Break - 3:15 PM - 3:45 PM

Keynote # 1 - 3:45 PM [Fr. Derrick Cameron]

Supper - 5:30 PM

Keynote # 2 - 7 PM [Fr. Derrick Cameron]

Hot Chocolate & Cookies

Saturday, June 27

Breakfast - 7:30 AM - 8:30 AM

Workshop # 4 - 9:15 AM [Colin Cross]

Break - 10:30 AM - 11 AM

Worship with Communion - 11 AM

Lunch - 12:30 PM

Depart - 1:15 PM

Questions Or Issues During the Retreat?
Call or text Teresa at 250-307-2127