

MARCH 1, 2020 | SERVICE AT 10:00 AM
WELCOME TO KNOX FINGAL

Hallelujah

MUSIC DIRECTOR: DEBRA WEBSTER
GUEST LEADERS: ELIZABETH MACLEOD

Welcome & Announcements

♪ **Praise:** Just As I Am (682)

Call to Worship (Responsive)

Lenten Reading

Prayers of Adoration & Confession

Assurance of Pardon

♪ **Praise:** How Blest Are They Who Trespass v. 1, 3, 4 (17)

♪ **Choir:** You Laid Aside Your Majesty

Learning Like Children.... of all ages!

If you are a visitor with a child or children that will be attending Sunday School following the children's story, please accompany your child downstairs for introduction to their teacher.

Prayer of Illumination

Scripture Reading: Matthew 4: 1 - 11

Sermon: Desert Life

♪ **Praise:** Where Charity And Love Prevail (692)

Prayers of Thanksgiving & Intercession & the Lord's Prayer

Giving Our Gifts to God/Prayer of Dedication

♪ **Offering Praise:** Praise God From Whom All Blessings Flow

♪ **Praise:** God Forgave My Sin (774)

Benediction

♪ **May God's Sheltering Wings** (x2)

♪ **Postlude**

WHAT'S HAPPENING IN OUR COMMUNITY...

† EVENTS & REMINDERS

Remember – Daylight Savings begins at 3 am on Sunday March 8, 2020



Fri. March 6 - World Day of Prayer

2 pm at the Iona Christian Fellowship Church. Please speak to Janice if interested in attending. Knox Fingal is taking part in this service.

WMS Synodical Annual Meeting

If any ladies are interested in attending the Meetings in April, please advise Janice to email the form and the workshop list. Registration is due by March 10.

Fri. Mar. 20 - Euchre Night

6:30 pm will be a fun night of playing Euchre. If you are interested in coming please speak to Janice.

Sat., March 28 - Free Community Breakfast

From 8 to 10 am. Everyone is Welcome.

If you would like a pastoral visit from our Interim Moderator, Rev. Amanda MacMillan, please notify her, (519-847-5263), or a Session elder, and we can arrange that visit.



 **PRAYER CORNER**
Please keep the following friends in your prayers this week.

- Lyla Best** – Longworth Retirement Home
- Marilyn Thomas** – at home
- Gayla Lunn** – at home
- Emily Smith** – Marilyn Thomas' granddaughter
- Anna Lunn**
- Glen Taylor** – Charmaine Fletcher's brother
- Lorne Orr**
- June Beecroft**
- Betty Marshall**

If you have someone you would like to hold up in prayer, please see that their name gets to a member of Session, or Kristy.

 **LENT**
WE CAN THINK OF
..... as a time to
ERADICATE EVIL OR CULTIVATE VIRTUE
a time to
pull up weeds or
plant good seeds
WHICH IS BETTER IS CLEAR,
for the Christian ideal
IS ALWAYS
POSITIVE RATHER THAN NEGATIVE.

✠ **LAST WEEK'S OFFERING**
\$ 205.00

FIND OUT MORE...

☎ Phone: 519-769-2157 <http://pccweb.ca/knoxfingalpc/>
Announcement Requests: fletcher.kristy@live.com
Card Convener: spell@bell.net | 519-633-1380

knox fingal

· p r e s b y t e r i a n ·

5 Ideas on what to give up for Lent:

1. Throw Away 40 things for 40 days
Every day, you walk around your house and collect 40 things to donate or throw away... every day, until Lent ends. Or, 40 things IN 40 Days (one a day).
2. Work out daily to take care of the body God gave you.
Spend this time focusing on taking care of the body that God gave you. For Lent, commit to doing some kind of workout every single day. You can go on a walk or join a gym, or even workout at home.
3. Don't Eat After Dinner
Pretty self-explanatory
4. Say 3 Nice Things to Your Spouse & Kids Daily
You may think this is easy, but try to say things that aren't the normal "Thanks" or "You look nice." or "Good job."
5. Replace 30 Minutes of TV or Screen Time with 30 Extra Minutes of Devotion/Prayer Time.
Read a devotional or bible story with your family and have a discussion about it.

