

# SHELBOURNE COMMUNITY KITCHEN – 3 EVENTS

## 1. Help Local Kids Start the School Year Strong

[standeven3525@gmail.com](mailto:standeven3525@gmail.com)> Every donation helps us create opportunities for kids and families to cook, grow, share and connect, and ensures that food insecurity doesn't have to stand in the way of children learning, growing and thriving.

### How You Can Help

There are many impactful ways that you can show your support for our Back-to-School Stock Up campaign.

### Fundraising BBQ & Fill the Van Food Drive

**Join us on Saturday, August 29, from 11 a.m. to 2 p.m. at the Thrifty Foods Tuscany Village parking lot.**

For a suggested \$5 donation, enjoy an all-beef sausage on a freshly baked bun and your choice of drink. Gluten-free and vegetarian options will also be available. 100% of the proceeds will be donated to The Kitchen!

During the BBQ, you can also help us **Fill the Thrifty Foods Van** with non-perishable food donations that will help to keep our Pantry shelves stocked this fall. **Our most-needed items right now are:** Juice boxes • Granola bars • Fruit cups • Canned tuna and fish • Canned plain beans • Canned tomatoes • Toilet paper

## 2. Back-to-School Benny Feature

**Through now until September 7**, \$2 from the Back-to-School Eggs Benny at **The Village Restaurant, 4087 Shelbourne Street**, will be donated to The Kitchen's campaign.

This delicious local collaboration features back bacon, Sun Wing tomatoes and basil-arugula pesto on crispy latkes, topped with two poached eggs, hollandaise and candied jalapeños, served with roast potatoes and fresh fruit.

And, as always, donations can be made directly to The Kitchen online through our **Back-to-School Stock-Up Campaign**:

[https://www.canadahelps.org/en/charities/shelbourne\\_community\\_kitchen/campaign/back-to-school-stock-up-2026--1/](https://www.canadahelps.org/en/charities/shelbourne_community_kitchen/campaign/back-to-school-stock-up-2026--1/)

Together, we can help make the transition back to school a little easier for local families, and make sure more children have the healthy food, essential supplies and caring community support they need to learn, grow and thrive.

### 3. **Featured in the September 12 Victoria Urban Food Garden Tour: The Kitchen's Very Own Cedar Hill Garden**

If you love gardening or have been meaning to visit The Kitchen's Cedar Hill Garden, this is a great opportunity to spend a day exploring beautiful food gardens across Greater Victoria while supporting local food security at the same time!

The Victoria Urban Food Garden Tour team has chosen Shelbourne Community Kitchen as its charity beneficiary for 2026, with a goal of raising \$20,000 to support our work helping local people access healthy food. We're so grateful to be part of this wonderful community fundraiser.

Even better, our Cedar Hill Garden will be one of the featured stops on this year's tour!

Located at St. Luke's Anglican Church, Cedar Hill Garden is one of the places where our volunteers come together to grow fresh, nutritious food for our Pantry Program. It's a special space that many of our community members may not have had a chance to visit yet.

The Victoria Urban Food Garden Tour is a self-guided tour featuring a variety of urban food gardens around the city. You'll find plenty of inspiration for growing food, supporting pollinators, composting, collecting rainwater and making the most of whatever growing space you have.

So grab a gardening-loving friend and make a day of it! Visit the Cedar Hill garden, explore some other beautiful gardens, get inspired, and support The Kitchen along the way.

#### **Join the Garden Tour**

**Saturday, September 12, 2026**

**Tour begins at 10:00 a.m. (self-guided)**

**Garden Tour information & tickets:**

[\*\*Victoria Urban Food Garden Tour\*\*](#)

**Want to support The Kitchen directly?**

[\*\*Make a donation to the Garden Tour fundraiser\*\*](#)



We are so thankful to the Victoria Urban Food Garden Tour team for choosing Shelbourne Community Kitchen as their 2026 charity beneficiary. We hope you'll join them for a day of gardens, inspiration and community, and come see where we grow good food for our neighbours.

Happy gardening!

— *Shelbourne Community Kitchen*