

Advent Communion Prayer

As we are called to come to The Table, we remember that this is the table of our Lord Jesus Christ, who has prepared a banquet for everyone. All who seek to be nourished and sustained in the journey of faith, all who seek wholeness and compassionate paths to peace and justice, and all who are in love and charity with your companions on the Way are called to gather around the Table.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Blessed and holy are you, O God, creator of all things. In the beginning, you spoke and at your word your Spirit moved over the waters, bringing order, light, and life out of chaos. You knit together our inward parts, made us in your image and breathed breath and life into us. When we turn away from you and our love fails, your love remains constant. When we wander off and follow ways of sin and death you call us from our scattered lives to repentance, unity and peace.

Therefore, with choirs of angels and archangels and with those of every time and place, we give you praise and glory:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

Holy, mighty and tender God, in time you sent word to Mary that she would conceive a son and call him Jesus and in him we saw your promises made flesh. Dwelling among us we heard and saw Good News: he preached reconciliation and the Kingdom of God, he healed the sick, fed the hungry, and ate with sinners. In his suffering, death and resurrection, he delivered us from sin and death and



revealed your living and redeeming hope for all people. And when he ascended into heaven, your Holy Spirit came to be our Counsellor and Comforter.

And so, remembering Christ's life, love, death, and resurrection, we proclaim the mystery of faith

Christ was promised. Christ was born. Christ has died. Christ is risen. Christ will come again.

Gracious God, pour out your Holy Spirit upon us and upon these your gifts of bread and wine, that the bread we break and the cup we share may be the communion of the body and blood of Christ. Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, all glory and honor are yours, almighty God, world without end.

Words of Institution and Invitation

Jesus, in the night in which he was betrayed, took bread; and when he had given thanks, he broke it, and said, 'This is my body, which is for you: this do in remembrance of me.'

In the same way, he took the cup, after supper, saying, 'This cup is the new covenant in my blood: as often as you drink of it, do this in remembrance of me.'

We break this bread, the communion in Christ's body once given. We drink this cup, communion in Christ's blood once shed. These are the gifts of God for the people of God.

Thanks be to God.

Prayer after Communion

Eternal God, we thank you for this holy mystery in which you have given yourself to us and we praise you for breaking into the world. Send us out in peace for we have seen, have heard, and been fed by your grace. Keep us faithful and alert for signs of Christ's coming and lead us to live lives marked by truth and light, in the name of Jesus we pray. Amen.