



Caradoc Presbyterian Church

eNews Week 1 - part 2

Spring has sprung the grass is riz, I wonder where Caradoc Church iz?

Home sweet Home

Spring greetings friends! I hope this eNews finds you well and at home safely keeping guard of your health and the health of those around you.

The coming weeks will be stressful and upsetting as we watch our country and the world as a whole change drastically around us. As your faith community we wish to be "present" with you in as many ways as possible. Please do not hesitate to reach out to Rev. Shelly, your elder or friends in the faith community if there is something you need! New normals and change are always difficult moments in life especially if they are forced on us! It is okay to acknowledge that this is a terrible time that being said we know as Christians God strengthens us with hope and light! Be hope, choose kindness and patience and "reach out" to care for others the best you can.

In this eNews you will find things to keep you busy, ideas for kids at home, a timely reflection, info about worship and below a message from the Moderator of the Presbyterian Church in Canada.

Peace my friends, *Rev. Shelly*

A Message from the Moderator Rev. Amanda Currie:

As the world struggles with the COVID-19 pandemic, our congregations and communities strive to adjust to the rapidly changing circumstances, taking precautions to ensure that people are safe, and caring for one another in faithful and creative ways.

As we began the Season of Lent a few weeks ago, we reflected on Jesus' forty

days in the wilderness and the struggles he experienced. We also may feel like this is a wilderness time—a time of challenges and uncertainty. Even as we take good care to reduce the risk of transmission, we are invited to place our trust and hope in God who is with us and will help us.

The Lenten psalms provide inspiration for this prayer:

“O come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!
Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
For the Lord is a great God,
and a great King above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his also.
The sea is his, for he made it,
and the dry land, which his hands have formed.
O Come, let us worship and bow down,
let us kneel before the Lord, our Maker!
For he is our God,
and we are the people of his pasture,
and the sheep of his hand.” (Psalm 95:1-7)

Let's Pray together,

Loving God, we thank you for your presence with your children through the anxiety of the COVID-19 situation.

“Even though I walk through the darkest valley, I fear no evil; for you are with me; your rod and your staff—they comfort me” (Psalm 23:4).

Thank you for wise leadership and health authorities that guide us in making good decisions for our communities.

“You are a hiding place for me; you preserve me from trouble; you surround me with glad cries of deliverance” (Psalm 32:7).

Thank you for doctors, nurses, medical researchers and technicians, and all those who are working to care for the sick and develop treatments for this illness.

“The Lord is my shepherd, I shall not want” (Psalm 23:1).

Thank you for cleaning staff and caregivers and volunteers, and all who are working to keep our environments clean and safe.

“My help comes from the Lord, who made heaven and earth” (Psalm 121:2).

Thank you for pastors, elders, neighbours, and friends who are working to care for those who are vulnerable, alone or afraid.

“I wait for the Lord, my soul waits, and in his word I hope; my soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning” (Psalm 130:5–6).

Thank you for the peace and comfort that comes from knowing that we are not alone. God, grant us patience as we wait; grant us courage as we serve you and care for one another; grant us hope as we trust in you for the future.

“O [People], hope in the Lord! For with the Lord there is steadfast love, and with him is great power to redeem” (Psalm 130:7).

Amen.

—The Rev. Amanda Currie
Moderator of the 2019 General Assembly

Worship Online

During this time of uncertainty television will surely provide ample worship experiences to watch especially with much of North America not being able to gather for worship. **If you'd like something a little closer to home** consider joining Rev. Shelly and Franck for a short worship experience on Facebook this Sunday at 11am. You will need to be in the Facebook Group for Caradoc Presbyterian Church. If you are not, put Caradoc Presbyterian Church in the search box on Facebook, once on the page **click join** and Rev. Shelly will add you (please do this before 9am Sunday morning) *This a new endeavour for us all so a some grace and patience will be needed :)*

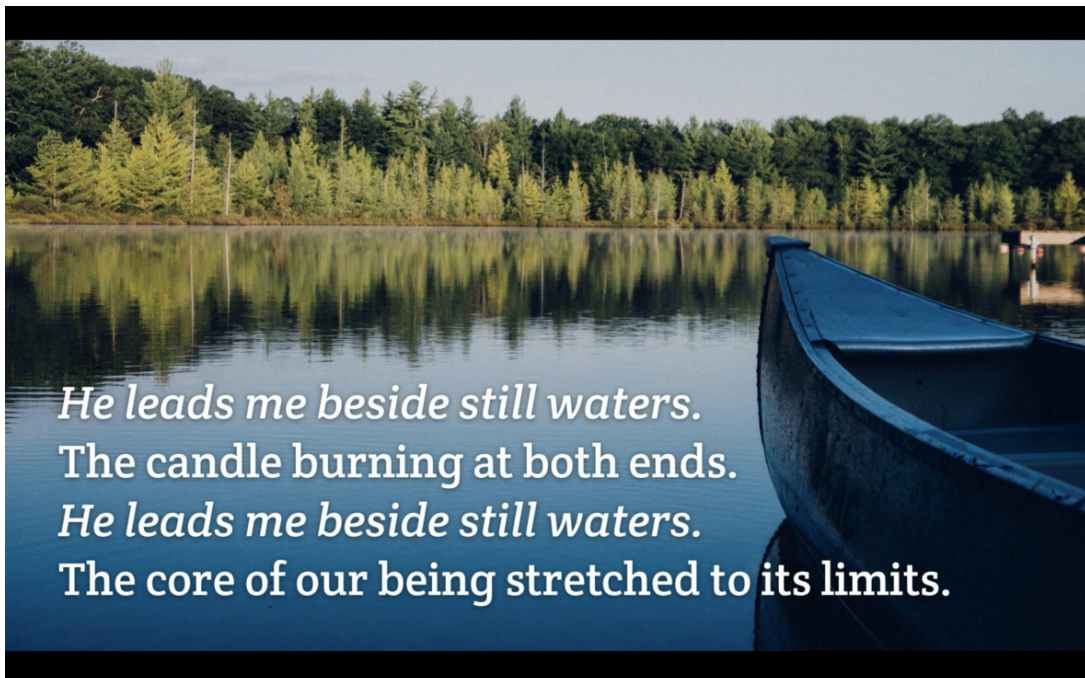
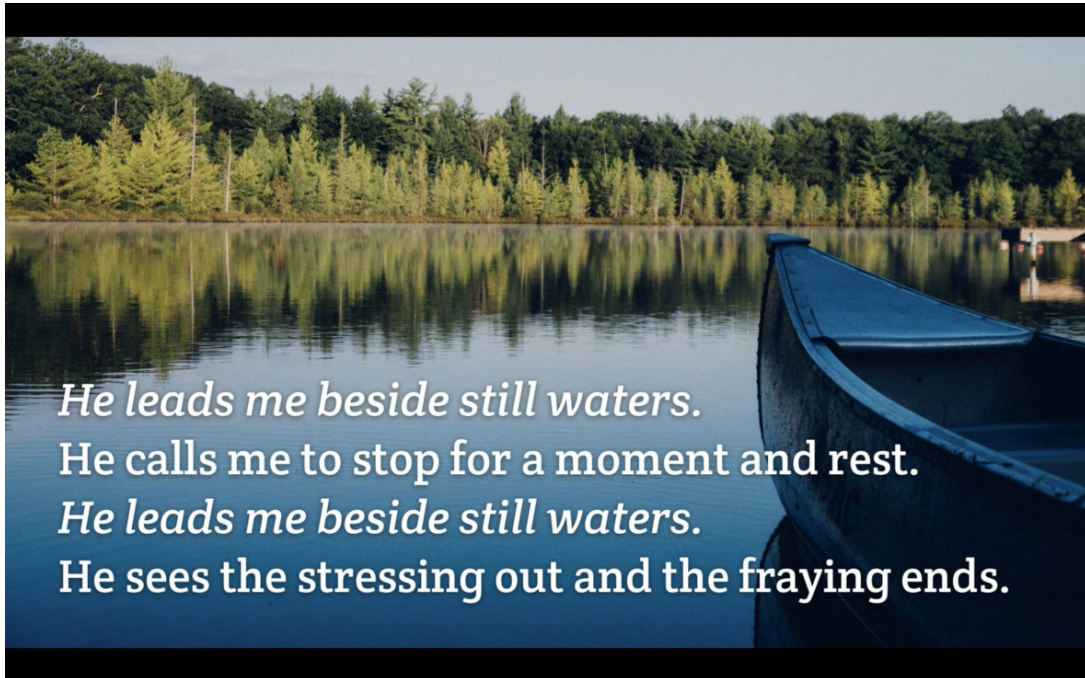
Here is a link to a document on our website with the order of worship and song lyrics: [For order of Worship and song lyrics click here!](#)

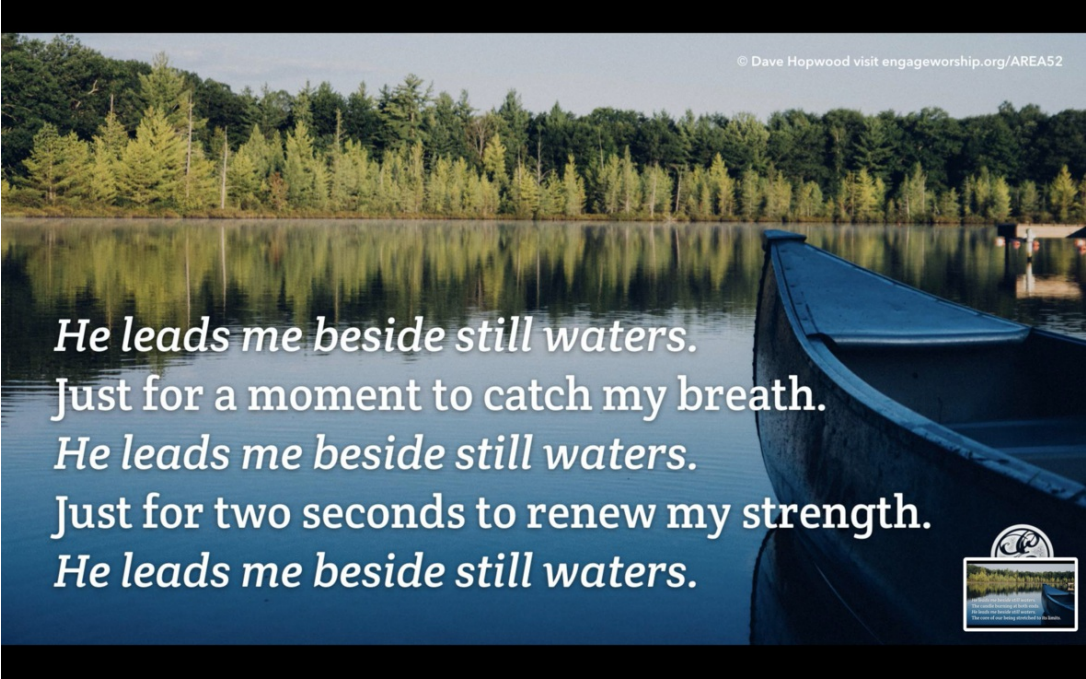
If you are not on Facebook we are hoping to circulate a link shortly after we post the worship that will connect you to the video so you can see what we're up to!

OR

Knox Waterloo (Rev. Shelly's home church) is online every Sunday Morning and will continue to stream worship services while churches are closed. Worship begins at 10am, set up early to watch and click on link below.

He leads me beside still waters ...





*He leads me beside still waters.
Just for a moment to catch my breath.
He leads me beside still waters.
Just for two seconds to renew my strength.
He leads me beside still waters.*

A Prayer for "Still Waters"

Creator God, I trust You to be the **good Shepherd**,
the wise Shepherd, the loving Shepherd and the strong Shepherd in my life.
I'm so grateful for Your goodness, love, mercy, and kindness in my life.
Because of You, **I lack for nothing**.

When **You lead me to rest**, grant me the patience to do so.
Thank You for bringing me beside still waters to be refreshed, renewed, and
restored.
Help me to trust that You know when I need rest and renewal in my life.
Thank You for restoring me as **I rest beside these still waters**.
As I'm resting, deeply restore my soul and reignite my passion for life,
for my family, for ministry, and for following You wholeheartedly?

Lead me Lord like I am a sheep, speak to me in a way that I will easily understand.
O God, **I want my life to be a blessing to You**.
I pray You give me the courage, the strength,
and the fortitude to follow You closely, without hesitation.

Even though it is dark at times in this valley of our lives
and there are so many storms, difficulties, and crazy things going on around us.
I know You will give me peace and a calm heart in the middle of sunless seasons.

As I watch the news and look at events happening around me,
I can go into panic mode at times.
Free me Lord from the fear of the world and **flood my heart with courage**.

And Thank You. **Thank You that You are always with me.**

Thank You for using Your rod and Your staff to protect me and to comfort me.

Thank You for pouring the fresh oil of hope over my head at just the perfect time.

Fill me up, O God, to overflowing so that I might spill Your goodness out on others.

Thank You that **Your goodness**

and Your mercy chase after me

and **follow after me all the days of my life.**

And, Lord, thank You for sending Jesus to die in my place.

Because of His death, I am invited to dwell with You forever.

As I close this time of prayer, Lord,

I want to thank You again for being **the most amazing Shepherd.**

This week, I want to trust You, follow You, and live for You, as I never have before.

In Jesus's name, I pray, Amen.

■ written

by

Melanie

Redd

(mleanieredd.com)

adapted

by

M.

Butterfield-

Kocis

■ images

by

engage

worship.com

Trying to keep busy?



Don't forget the mid-week Lenten Activity on our website! Click **HERE** to go directly to activity!



Illustrated Ministry

is a creative ministry reaching out during this world wide event! For adults and children - prayers, colouring pages, meditation and more. Sign Up Today! A huge thank-you to these folks!!

<https://www.illustratedministry.com/flattenthecurve>

Click the link above ... This link will take you to a sign up page. When you sign up, you will immediately receive a meditative coloring page in the confirmation email. Then you will receive a weekly email on Fridays that includes FREE faith formation resources for ALL AGES. We are already looking through our library to find materials that would be a good fit for this, AND we are brainstorming some new products that we can create that would be included as well.



New! [click here](#) to go directly to Power of Prayer

Engage Worship is another creative worship site that already offers free creative ways to attend to your spiritual life, for over a year now we have had links to their Pause and Pray meditations. Two **NEW** Pause and Pray meditations have been loaded onto our site on top of the two new that were load for the Lenten season. Find it in the **Worship** drop down menu under **The Power of Prayer**. Remember if

you have prayer requests please email Theresa Glithero
(session.clerk@caradocpresbyterian.ca) or Rev. Shelly
(rev.kocis@caradocpresbyterian.ca)

Camp Kintail - Kids Activities!

Camp is providing fun and free activities on their website as well!

Click on links below for Back Yard Bingo and a colouring page.

[Camp Kintail Back Yard Bingo!](#)

[Camp Kintail Colouring Page](#)

More Resources for families at home:

Please click links below ...

[Do Faith @Home](#)

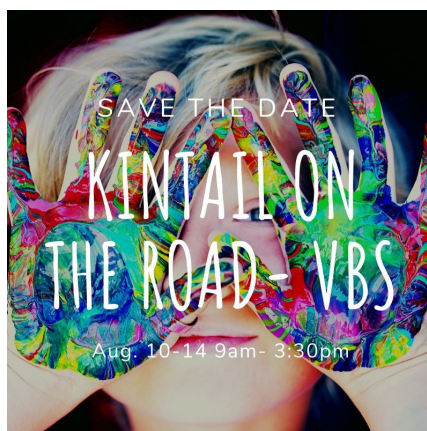
[Family devotional: Pandemic Hope](#)

[Helping kids with scary news](#)

[Look for the Gifts: Praying with Children During a Pandemic](#)

[Helping Children and Teens Cope with Anxiety About COVID-19](#)

Keeping you posted about upcoming events!



[CLICK HERE TO REGISTER!](#)

KOTR-VBS August 10-14 2020

We are still accepting registration for KOTR-VBS but will not be accepting payment at this time.

We will be in touch with all families as the date of KOTR-VBS approaches to arrange payment.

[Visit our website](#)

You are not alone!

**Please call Rev. Shelly 519-245-0171 at the office and
leave a message!**

**OR Call your elder - we will do all we can to help!
Peace of Christ be with YOU!**



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