



CARADOC PRESBYTERIAN CHURCH

eNews 2020 | week 9 covid19

photo by Jennifer Kibler-Harris



For the first two weeks we were in lockdown Franck and I were in quarantine. During that time we had a few really great weather days so I decided to do some outside clean up on our deck. I began to go through pots we had accumulated from last spring through the summer and to my surprise potted bulbs from last spring were growing!! I had totally forgotten about tulip and daffadil bulbs that had been cut away to make room for some beautiful pansies we enjoyed all summer.

Have you ever considered bulbs and how they work season after season? Or anything else for that matter that grows and comes forth full of life in the spring after a long cold winter? God's creation like bulbs have biological clocks, like our circadian rhythms, that tell the plants the right time to begin growth. The right temp of the day & night, of the soil & moisture and many other things I have no knowledge of! God has created bulbs to know when it's time to sprout. Imagine, if you will, a bulb silently, patiently waiting ... waiting for the right signs to spring forth! (pun intended lol)

Currently, **waiting** is the new buzz word for our challenging time. At the beginning

it was fear and anxiety ... lots of fear and anxiety - that is still with us and now it's coupled with **waiting**.

Psalm 27:1 and 13, 14 says this ... "The Lord is my light and my salvation— whom shall I fear? The Lord is the stronghold of my life— of whom shall I be afraid? I remain confident of this: I will see the goodness of the Lord in the land of the living. Wait for the Lord; be strong and take heart and wait for the Lord."

Here we are waiting and I'm wondering what we can learn from the bulb? Maybe a reminder that God has the right things for us at the right moment or season? Friends, these are weird, crazy, confusing, challenging and even dark times ... imagine again being the bulb, deep down in the dark, cold earth waiting for the season to arrive! Let us continue to seek God during this time of waiting, trusting that God is at our side. In all and any ways you might be currently waiting, trust in God, be patient - your time will come - we will be here with you and God's love will carry us all through. Continue to do all you can to prepare your hearts, minds and bodies by caring for them each and everyday! Be ready for what God has in store for you (or us) next!

Let's pray, Creator God - we ask for your patience, for the patience we see in your creation as it waits for the right time to spring forth announcing your glory! Help us to be watchful as we wait and prayerful as we begin to ready ourselves for your call to act and go! Amen.

Peace & Health, *Rev. Shelly*

Join us for worship on FaceBook Live this Sunday May 17th

You may wish to prepare a worship space with a candle, a cross, and a heart.

Our Order of Worship & worship resources for worshippers of ALL ages can be downloaded below.

[Click here for May 17th Order of](#)

Caradoc Presbyterian Church

ON
FACEBOOK
EVERY SUNDAY

*let's worship
together*

Join us at 11am
Rev. Shelly and Franck LIVE from home

Worship

[Click here for this week's Worship resources](#)

Don't forget to let us know you're watching!

Offering & Donations

If you are not on PAR, please send offering by Cheque via mail to: c/o Brian Huston at 8677 Glengyle Drive, Strathroy, ON, N7G 3H3.

Cheques will be deposited to the bank on a bi-weekly basis.

OR

We are accepting eTransfers: e-transfers can be sent to the treasurer's email address for direct deposit. treasurer@caradocpresbyterian.ca

If you wish to donate using electronic transfers please contact Joanne Grivich at treasurer@caradocpresbyterian.ca for instructions.

We are sincerely thankful for your continued support.

Thank-you, Rev. Shelly, Caradoc Session and Board of Managers

For more information [click here to go to website page!](#)

MIND, BODY AND SPIRIT



Above all else, guard your heart,
for everything you do flows from it.

Proverbs 4:23

During life but especially during these challenging times our health and wellness is very important. Let's work together to support one another.

Rev. Shelly will soon be looking for help with healthy recipes to share and creative ideas of keeping our bodies healthy!

[follow this link to our NEW Health & Wellness webpage](#)

This week's highlight: MIND

When it comes to our minds, health is often ignored and yet it can affect our body and our spirit (when you do not take care of one the others suffer.) Please if you are suffering silently REACH OUT! Please call Rev. Shelly at the office and leave a confidential message, she will return your call as soon as possible.

See help lines below – you are not alone!

Crisis Text Line

(Powered by Kids Help Phone) Canada Wide free, 24/7 texting service is accessible immediately to youth anywhere in Canada by texting TALK to 686868 to reach an English speaking Crisis Responder and TEXTO to 686868 to reach a French-speaking Crisis Responder on any text/SMS enabled cell phone.

KidsHelpPhone

Ages 20 Years and Under in Canada **1-800-668-6868** (Online or on the Phone)

Trans LifeLine – All Ages **1-877-330-6366**

The new Canada Wide Suicide Prevention Service (CSPS), by Crisis Services Canada, enables callers anywhere in Canada to access crisis support by phone, in French or English: **toll-free 1-833-456-4566 Available 24/7**

Go to our keeping busy webpage!

There you will find TOP TEN PICKS for movies to watch this May, creative ideas from our worship resources and Camp Kintail blog pages.

Do you have keeping busy ideas? Share them with Rev. Shelly and they can be added to our Keeping Busy webpage.



**CLICK HERE
FOR MOVIE
SUGGESTIONS**

May Top Ten Movie Picks



click here to go the webpage!

You're invited to COFFEE BREAK! May 20th 10:30am

You're invite to have a coffee break every Wednesday in May over ZOOM. Zoom is a great way to see and visit with friends.

Do not be discouraged by the technology, it's super easy!

Click picture below to follow link to Coffee Break page on our website there you'll find instructions.

If you would like a Zoom tutorial contact Rev. Shelly.

Want to join Coffee Break?

RSVP Rev. Shelly via email by Tuesday May 19th

rev.kocis@caradocpresbyterian.ca

I MISS YOUR FACE CAMPAIGN

Send me a picture via Facebook messenger or email

rev.kocis@caradocpresbyterian.ca

Click "I miss your face" campaign picture below to see who isn't too shy!



www.istock.com

More info? click here!



submit a photo TODAY!

Don't be shy :)

See picture collage on our website

Click here to see who is NOT shy!

Masks by Bonnie Salomons,

Bonnie has been busy making masks and offers to make masks for anyone who is in need of one for everyday use.. Please contact Bonnie directly at 519-264-2845. Thanks Bonnie!

We continue to reach out to our community



during this challenging time. Please consider supporting our monthly Food Drive or monthly special offering.



[Caradoc Website - click here!](#)

Peace & Health Friends!

Stay well! Stay safe! Stay Home!

Wash your hands!

Click the icon below to go directly to our Facebook page!



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