



It's Pentecost!

Pentecost is an important event ...

Pentecost is an important event for us to recognize! Jesus told his disciples a Holy Sustainer would come—the Spirit that would flow from him, from God, and then from within us. Pentecost reminds us of the immense power and unpredictable nature of our great friend: the Holy Spirit. He is the Paraclete, our advocate and helper, but he is also like the wind, which “blows where it wills” (John 3:8).

This image of the Holy Spirit as wind is an important one. It is linked to the understanding of “spirit” evident in the Hebrew word ruah, which means “wind, spirit, and breath.” In John’s Gospel, we find Jesus breathing on his disciples as He tells them, “Receive the Holy Spirit” (John 20:22).

But wait. Is it downgrading the Holy Spirit? When at one moment we call the Spirit a powerful wind and then the next the sweet whisper of breath? Not one bit! Because the wind/breath identity of the Holy Spirit is closely linked to the image of the Holy Spirit as FIRE. Don’t forget that before the flaming tongues appeared above the disciples’ heads at Pentecost, they first heard “a noise like a strong driving wind” (Acts 2:2). The Holy Spirit, “Ruah” - wind, breath and fire!

Have you ever watched a piece of wood being consumed by fire? Sighing and crackling and glowing, getting blacker and blacker until it falls apart completely and nothing remains but ash? It doesn’t just look different from the original piece of wood. It is different, at the very core of its being. Its chemical composition has changed. It has been transformed.

This is what we are called to as Christians and what awaits us when we invite the Holy Spirit into our lives. Let yourself be set on fire by the Holy Spirit. Let yourself be transformed!

This is a continual event in the life of a committed Christian, it doesn't happen just once. Consider it a yearly event like the celebration of Pentecost for us in worship!

A blessing for Pentecost:

May God's "Ruah" stream within you.

May God's "Ruah" renew you.

May God's "Ruah" invigorate you.

Walk with the confidence of God's love into this day. Amen.

Peace & Health my friends, *Rev. Shelly*

Join with me in signing the chorus "Refiners Fire" and recommit your life to Christ for the rest of 2020!

Refiner's Fire

Purify my heart; Let me be as gold and precious silver

Purify my heart; Let me be as gold, pure gold

Chorus

Refiner's fire my heart's one desire

Is to be holy, set apart for You Lord

I choose to be holy, set apart for You my Master

Ready to do Your will

Purify my heart; cleanse me from within and make me holy

Purify my heart; cleanse me from my sin, deep within *Chorus*

CCLI Song # 426298 CCLI License # 1948330

Sing with me, [Refiners Fire](#) - click this link to a YouTube video and sing along!

Worship

**Join us for worship
on FaceBook Live this
Sunday May 31st!**

You may wish to prepare a worship space with a candle, a cross, and a heart.



Our Order of Worship & worship resources for worshippers of ALL ages can be downloaded below.

[Order of Worship | May 31 2020 Pentecost Colouring Page](#)

Don't forget to let us know you're watching!

Offering & Donations

If you are not on PAR, please send offering by Cheque via mail to: c/o Brian Huston at 8677 Glengyle Drive, Strathroy, ON, N7G 3H3.

Cheques will be deposited to the bank on a bi-weekly basis.

OR

We are accepting eTransfers: e-transfers can be sent to the treasurer's email address for direct deposit. treasurer@caradocpresbyterian.ca

If you wish to donate using electronic transfers please contact Joanne Grivich at treasurer@caradocpresbyterian.ca for instructions.

We are sincerely thankful for your continued support.

Thank-you, Rev. Shelly, Caradoc Session and Board of Managers

[For more information click here to go to offering page on our website](#)

Staying connected ...

We continue to stay connected by:

"I miss you face" campaign

If you haven't checked it out do so by clicking the picture below ... consider sending Rev. Shelly a photo and be included!

Coffee Break this Wednesday June 3rd 10:30am

Join friends for coffee break this Wednesday on Zoom. It's super easy! RSVP via email: rev.kocis@caradocpresbyterian.ca OR comment in next week's Facebook invitation in order to receive information to join.



More info? click pic to go to "Coffee Break" webpage



submit a photo TODAY!

Don't be shy :)

See picture collage on our website

click pic to go to "I miss Your Face" webpage

Keeping busy ...

Health & Wellness:

For health and wellness ideas please go to our webpage by clicking the picture below. This week we highlight the importance of the health and wellness of our:

SPIRIT

Worship, Prayer, Study and Spiritual practices are all part of taking care of our spirit. Spiritual practices are an essential part of supporting the development of our faith. Please see our Health & Wellness page for more information about ideas for beginning a new spiritual practice. If you'd like to learn more about a specific spiritual practice please contact Rev. Shelly.

A good example of a spiritual practice is walking (caring for your body) and praying (caring for your spirit) - consider joining Rev. Shelly and commit to walking and praying for the church with the PCC Moderator, Rev. Amanda Currie this summer! See information below.



Ideas for keeping busy!

MIND, BODY AND SPIRIT

Health & Wellness



Above all else, guard your heart,
for everything you do flows from it.

Proverbs 4:23

Health and Wellness



more info needed? click pic!

Moderator's Walk and Pray

Starting this Monday June 1st, the PCC Moderator is going to walk and pray for our church – Rev. Shelly is going to join her and invites you to join in as well! Go for a walk each day and pray for 10-12 ministries of the Presbyterian Church in Canada. You can walk as far or long as you wish! If you'd like to participate let Rev. Shelly know and she will link you to all the resources.

or follow the link: [Walk & Pray with the Moderator](#)

or maybe you'd prefer to just pray? follow the link to the prayer list for June: [Walk & Pray with the Moderator: June prayer list](#)

[Caradoc Presbyterian Church website](#)

Peace & Health Friends!

Stay well! Stay safe! Stay Home!

Wash your hands!

Click the icon below to go directly to our Facebook page!



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