



eNews 2021 Winter vol. 5.2

lent



Caradoc Presbyterian Church

The 40 days of Lent



People often don't look forward to the 40 days of Lent. Words like "sacrifice," "discipline," and "self-denial" are often used in ways that suggest that Lent is something to be endured rather than a time of grace and spiritual growth.

Have you ever thought of Lent as a yearly second chance? Each year the Church gives us six weeks to take a long, loving look at our lives to see if our values and priorities are in line with God's desires for us. Since most of us find that we've wandered from God's path, Lent becomes that second chance, or do-over, to "return to God with our whole heart."

With 36 days and 6 Sundays left of Lent be encouraged to use this time to grow in your faith. Prepare your hearts for Easter! Join in worship each Sunday on Facebook Live (or on Mondays worship videos will be loaded on our website), enjoy the many activities found in Caradoc's NEW Virtual Spirituality Centre, commit to Lenten Daily Devotional reflections & Bible study or join the #CPC_letspraytogether challenge!

Decide today to make Lent a meaningful time of prayer, fasting, and almsgiving for yourself, your loved ones, and your communities. Invite family members to share in this time along with you. Decide to support one another in whatever you choose to do. As you journey through this annual second chance, remember that each step brings you closer to the welcoming arms of our loving God. May God's grace and peace fill you as you take advantage of the season of Lent! I offer you this prayer to

begin your Lenten journey.

Loving God, fill our hearts with your light and grace this season of Lent.

May we know of sacrifice and cherish all you bless and act with courage to assist others who have less.

Prepare our lives for your joy, and cleanse us of all darkness.
We will dress in our faith and do our best to nurture it within each day.

With humble hearts, and as faithful servants, we pray. Amen.

Peace & Light, *Rev. Shelly*



Annual Meeting

2021 Annual Meeting

Please mark your calendars & note the change of date!

Caradoc Presbyterian Church's 2021 Annual meeting will be Sunday March 21st at 1pm on Zoom.

ALL Annual Report reports are due

March 1st! please submit to Brian Huston at bhuston61@gmail.com - thanks in advance for your work!

Video conferencing and phone connection will be available for this meeting. The annual report will be circulated and up on the website two weeks ahead. Everyone will receive more information about connecting to the Zoom meeting via a special eNews the Sunday before. For those not familiar with Zoom a practice meeting will be held the Sunday before at 1pm. If you have any questions please email Rev. Shelly at rev.kocis@caradocpresbyterian.ca or leave a message at the church.

Worship

**New Worship Series -
Holy Vessels: A Lenten
Season of Recovery**



This Sunday Join us for worship on Facebook Live!

10:45am Musical Prelude | 11am Worship

Please let us know you've joined us, or greet your faith family in the comments! Links to the order of worship can be found on our website or in Facebook posts announcing worship.

[Follow this link to our Worship Page!](#)

Worship Videos

Not on Facebook?

Sunday Worship videos are now available on our website. Worship videos may take up until late Monday to load, we apologize for the delay.

Ash Wednesday Worship Service video is NOW available!

[Click here](#) or the picture to go to the worship video page on the CPC



[Click here to go the worship videos!](#)



Offering

Continued thanks and appreciation for your financial gifts to Caradoc Church. In 2021 offerings will continue to be received by e-transfer and through the mail.

VIA MAIL: Please send offering by Cheque to: c/o Brian Huston at 8677

Glengyle Drive, Strathroy, ON, N7G 3H3. Cheques will be deposited to the bank on a bi-weekly basis.

OR

VIA eTransfers: e-transfers can be sent to the treasurer's email address for direct deposit. treasurer@caradocpresbyterian.ca

If you wish to donate using electronic transfers please contact Joanne Grivich at

treasurer@caradocpresbyterian.ca for instructions. We are sincerely thankful for your continued support.

Thank-you, Rev. Shelly, Caradoc Session and Board of Managers

It's Lent!



Starting Lent with GA Moderator Rev. Amanda Currie

When: Sunday, February 21,
2021 | 1 p.m. (Pacific), **4 p.m.**
(Eastern), 5 p.m. (Atlantic)

You are invited to spend an hour
with the Rev. Amanda Currie,
Moderator of the General
Assembly, and begin the Season

of Lent together with Presbyterians across the country.

Although Lent is a time for confession and penitence, it is first and foremost a time for turning and returning to God. We will reflect on the covenant texts that show up in the lectionary readings during Lent, considering both the blessings and obligations that come with covenant relationship. As we continue to endure the challenges of the ongoing COVID-19 pandemic, let us begin this new season together by leaning into the promises of God.

Follow [this link](#) to register for the event!



Click Here to GO to Centre!

Happy to Announce the launch of Caradoc's Lenten Spirituality Centre!

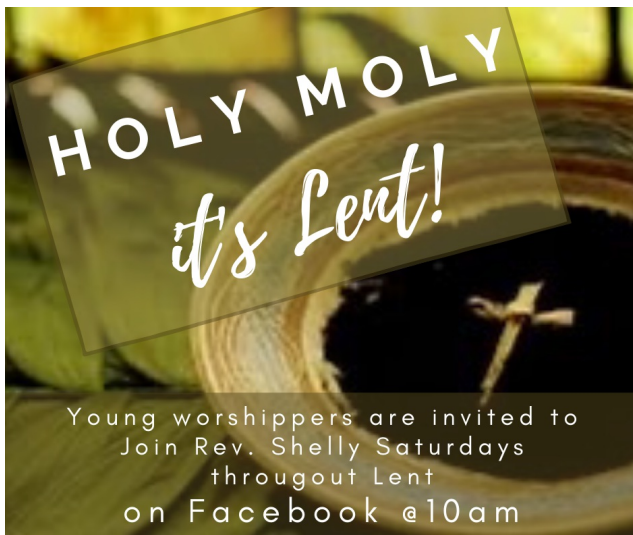
Please follow the link below
to explore the Spirituality
Centre, there you will find

weekly activities to help you concentrate on spiritual growth this Lenten season.

Each week You will find a NEW a weekly spiritual practice, relaxation video, colouring pages, finger labyrinths, inspirational quotes and Lectio Divina devotions.

You will also have access to an inspirational song list with new songs added weekly! Zip Rev. Shelly an email if you'd like to add to the song list! A link to our Daily devotional reflections and to an online bible are there for your convenience.

[CLICK HERE](#) to enter Virtual Spirituality Centre



HOLY MOLY it's LENT!

Young worshippers are invited to join Rev. Shelly Saturdays throughout Lent on Facebook @10am! **Starting Sat. Feb. 27th.**

Journey through Lent with Saturday morning activities. (or at your convenience throughout the week!)

*videos will also be posted on the Caradoc website
[click here](#) to go to Holy Moly CPC webpage



Easter in a Basket!

Holy Week activities in a basket for kids to learn and families to enjoy Holy Week & Easter in a new way!

Please consider sponsoring a "Easter in a Basket" for kids in our church and community!

\$25 to sponsor 1 basket

To sponsor a basket please contact Rev. Shelly by March 5th. Please submit payment to treasurer, Joanne Grivich as donation to CPC (notate for Easter Basket.)

Thanks to CPC Ladies Aid for helping cover part of the cost of each basket!

If you know any families connected to the church or the community that would enjoy a "Easter in a Basket" please let contact Rev. Shelly.

Staying Connected



For more info click the pic!

From where we stand

From Where We Stand -
Connecting With God:
Daily devotional & Bible Study

This Lent join Rev. Shelly for
daily devotionals and a weekly
bible study.

With being home so much, not
attending worship, and not
having opportunities to grow and
be nurtured through faith events
- it's hard to feel connected to
God. The good news is that from

where we stand we can connect with God - anytime, any place - we can connect with God. Join Rev. Shelly each day on Facebook or our website for daily devotions and weekly on Monday evenings on Zoom at 7:30pm for an hour study of our theme: From Where We Stand - Connecting With God.

Come near to God, and he will come near to you. Clean up your lives, you sinners. Purify your hearts - James 4:8

NOTE CHANGE OF DATES:

Daily devotional reflections begin **Monday February 21** - and are now available on our website [Click Here to go to website!](#)

Bible study begins **Monday March 1st** - please let Rev. Shelly know if you'd to be involved in bible study.

Let's pray together Challenge!

Join the challenge it's not
too late!



[Click Here to go to Let's Pray webpage](#)

For the remainder of the winter join together with others for daily prayer. You can choose to pray each day or at your convenience. Each day Rev. Shelly posts on Facebook and weekly on our website prayers and prayer helps & challenges to inspire you to pray together!

Prayer can be a community event even though we are apart - we can join together in prayer each day!

Public prayer requests for our time of challenge can be received by Rev. Shelly via email or voicemail and will be published in the eNews/website for everyone to include in their prayer life. All prayer requests (including confidential) can also be sent to the Caradoc Prayer Team via Theresa Glithero tmglithero@gmail.com.

Let's pray together! #CPC_letspraytogether



Caradoc Coffee Break

Take a Coffee break every Wednesday 10:30am with us!

Please consider joining in every week or once and awhile. Coffee Break is a time of connection with our faith family and to share in our journey together.

Rev. Shelly will look forward to hearing from you if you wish to join in, please call, email or message on Facebook your interest.

Coffee Break happens on Zoom and email invites will be sent out Wednesday morning a half hour before Coffee Break

Paying Attention



PCC NEWS: Ballot for Moderator of the 2021 General Assembly

A diverse look at the PCC

For the last two years Rev. Shelly has had the privilege of sitting on the Committee to Advise the Moderator after serving as her Chaplain in 2019.

It has been an honour to serve the Moderator of our church especially in this last year and part of our work is to count the ballots of the election of the General Assembly Moderator elect for the meeting of 2021.

It is the ministers and representative elders of each and every Presbytery in our denomination that casts a vote for the Moderator of General Assembly.

The following names appear on the ballot for Moderator of the 2021 General Assembly: The Rev. Paulette Brown, The Rev. Mary Fontaine, and The Rev. Dr. Daniel D. Scott. Ballots have been sent to presbyteries for members of presbytery to vote. The Committee to Advise with the Moderator will count the ballots on April 1, 2021. The 2021 General Assembly will be held online with sessions held during the period of June 6–9, 2021.

[Click Here for more information about the nominees for General Assembly Moderator for 2021](#)

Health News

The first COVID-19 vaccine to the general public in our area was given this past Thursday, just over in Mount Brydges (Fun fact it was given by Pediatric ICU Nurse Hannah Currie, The Rev. Mavis Currie of Knox St. Thomas' daughter!) Please keep

COVID-19: How to safely use a non-medical mask or face covering

Do's



[Click here for larger picture!](#)

Please continue to make strong efforts to follow COVID-19 restrictions!

For instance are you still wearing your mask properly? and disposing or caring for your mask appropriately? See "DO" and "DON'TS" guidelines above and to the right to check on your mask wearing and care!

[Click here:For ALL COVID-19 information from the government of Canada](#)

See below for digital resources for tracking and Mental health during the continued pandemic. [And click here to Sign up to "Get Updates on COVID-19" from the](#)

updated and educate yourself on the vaccine and all other continuing COVID-19 restrictions, and stop the spread information!

COVID-19 Vaccines

Free vaccines will be available to everyone who lives in Canada over the course of 2021. Until extensive immunization is achieved, public health measures will continue to be essential to minimize the spread of COVID-19 in Canada and save lives.

[For more information about COVID-19 Vaccines](#)

[Click Here for - COVID-19: How vaccines are developed Video](#)

Don'ts



 Government of Canada  Gouvernement du Canada

[Click Here for large picture](#)

Government of Canada:

COVID Alert App

COVID Alert is Canada's free exposure notification app. The app can let people know of possible exposures before any symptoms appear.



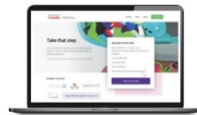
COVID-19 App and Symptom tracker

The app will let you receive the latest updates, trusted resources, and self-assess your symptoms.



Wellness Together Canada: Mental Health and Substance Use Support

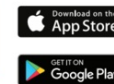
Wellness Together Canada provides free online resources, tools, apps and connections to qualified people when needed.



digital tools/apps (cont.) >

ArriveCAN

Use this mobile app at Canadian ports of entry to speed up your arrival process in Canada and spend less time with border services and public health officers.



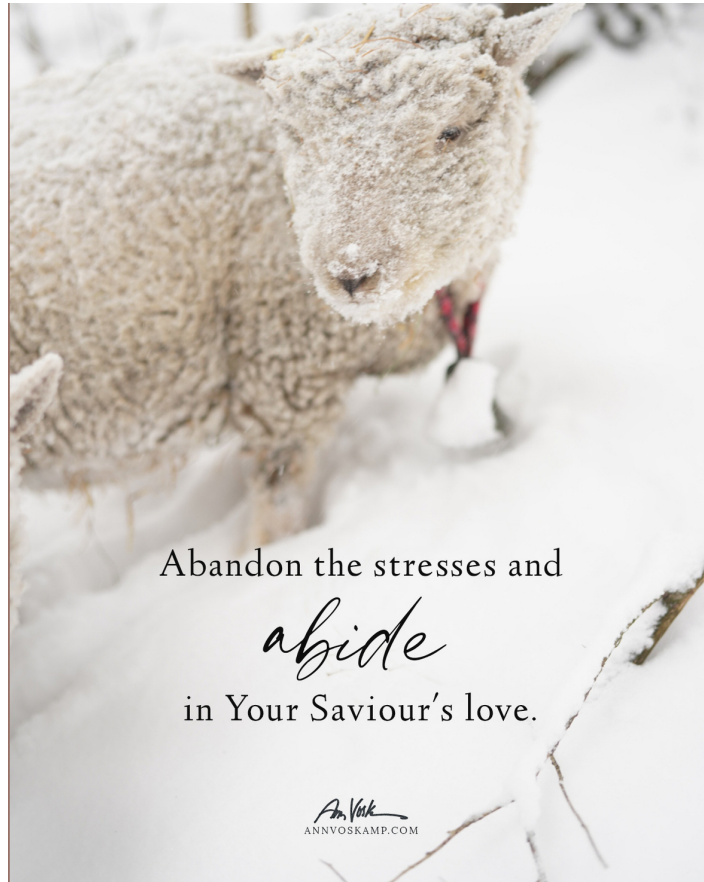
Sign up to "Get Updates on COVID-19" from the Government of Canada:

www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/subscription-form.html

[Wellness Together Canada Link](#)

For the above Apps go to your Google Play Store or Apple App Store for more information and to download.





Peace be with YOU!



©2021 Caradoc Presbyterian Church | 8503 Scotchmere Dr. Strathroy, ON N7G 3H3

Like

Web Version

Preferences

Forward

Unsubscribe

Powered by **Mad Mimi**®
A GoDaddy® company