



Spring is just around the corner!

March 21st, the spring equinox, is just ten days away. As human beings we often are alerted in the "springtime" to the changes that happen around us. We easily celebrate the snowdrops and crocuses, irises and the

coming up of even our grassy lawns. We gleefully announce the arrival of birds and the awakening of most animals. I heard said recently, and experienced it yesterday, the smell of a skunk is a sure sign of spring! *I could do without that sign!* We often hear also in spring things like, 'finally, winter is over!' and like-minded expressions of disgust at or relief of the long winter we suffered. I'd like to say it's because we're Canadian but it happens all around the world where there is the change of seasons. I greatly admire in the spiritual practices of Celtic Christianity that there is **on going** recognition of the deep connection we all have to the rhythms of the natural world, not just during springtime but all year long. The Celts recognize this interconnectedness of the life of humanity and our natural world through out the year and through all the seasons. At the spring equinox when day and night are equal, the Celtic Christians had prayers and rituals that celebrated the movement from the one season to the other. This is a threshold moment, a time to understand how winter has rested creation in order for creation all around us and within us to be born anew. It is a holy threshold moment when we hold both the pain and struggle of humanity, as well as the beauty of our strength and courage together. It is connected to the growing understanding of our faith in a loving God that cares for the created world. It's a moment in time meant for us to lift up thanksgiving for all that winter brings us and of all the new possibilities spring has in store! May our solidarity and oneness with all

of creation bring us into greater awareness and awaken us to the fulness of God's love. Please pray with me,

God, thank you for the rest of creation that the long winter nights have brought. We lift up our winter difficulties asking that they transform us or open us up to new possibilities. We thank you for Spring and the hope of warmer, longer, brighter days. Thank you for the coming of growth and life and birth.

Thank you that things are coming awake in the world.

It is not just what our calendar says, we see signs that new growth is real.

But we also still struggle with the residual layover of winter.

Now we ask that you bring into reality all that belongs in this season. Your word says that we will have provision, and hope, and joy, and health and loving relationships here and now in this life.

We ask that what belongs in this season would become the joy in our practical lives.

We thank you for our interconnectedness with all that is around us and ask that you continue to inspire us as individuals and a community to care for all your creation!

We hope in you and in your promises. We hope in your gift of Spring.

In hope & love, *Rev. Shelly*

Spring forward!

**Day light savings
begins this Sunday!**

**Don't forget to set your
clocks ahead this Sunday
March 14th!**



Worship

This Sunday join us for worship on Facebook Live!

10:45am Musical Prelude | 11am Worship

Please let us know you've joined us, or greet your faith family in the comments! Links to the order of worship can be found on our website or in Facebook posts announcing worship.

[Follow this link to our Worship Page!](#)

Holy Week Worship Services on Facebook

Maundy Thursday Worship 7pm

Good Friday Worship 10 am

Easter Sunrise Service 7:30 am

Easter Sunday Service 11am | 10:45am Prelude



Caradoc Presbyterian Church Annual Meeting

will be on Sunday March 21st at 1pm

this meeting will be help over Zoom.

If you did not receive an Annual Meeting eNews with the Zoom meeting invitation and instructions please contact Rev. Shelly at 519-205-0806 or rev.kocis@caradocpresbyterian.ca.

This meeting is accessible via computer, smart phone, tablet and landline.

There will be a practice zoom meeting on Sunday March 14 at 1pm, please contact Rev. Shelly by Friday March 12 if you wish to participate.

Please click [here](#) to READ or PRINT the Caradoc Church Annual Report 2020 PDF

Middlesex-London COVID-19 VACCINE BOOKING SYSTEM



www.covidvaccinelm.ca



Call 226-289-3560

click pic to go to Middlesex-London Health Unit webpage

Health News

Did you hear? 80 years of age and up can now receive a covid19 vaccine in our area!

Click [this link](#) to find out eligibility and to book an appointment

COVID-19 Vaccines

Free vaccines will be available to everyone who lives in Canada over the course of 2021. Until extensive immunization is achieved, public health measures

will continue to be essential
to minimize the spread of COVID-19 in Canada and save lives.

Click [HERE](#) For more information about COVID 19 Vaccines

Please continue to make strong efforts to follow COVID-19 restrictions even after receiving the vaccine!

Click [HERE](#) For ALL COVID-19 information from the government of Canada



Visit Caradoc's Lenten Spirituality Centre Today!

Take a few minutes to explore and experience a moment or two of rest for a time of connecting to or growing in your faith during this

Lenten season. Please follow the link below to explore the Spirituality Centre, there you will find weekly activities to help you concentrate on spiritual growth this Lenten season.

Each week You will find a NEW a weekly spiritual practice, relaxation video, colouring pages, finger labyrinths, inspirational quotes and Lectio Divina devotions.

You will also have access to an inspirational song list with new songs added weekly! Zip Rev. Shelly an email if you'd like to add to the song list! A link to our Daily devotional reflections and to an online bible are there for your convenience.

[CLICK HERE](#) to enter Virtual Spirituality Centre



Easter in a Basket!

Holy Week activities in a basket for kids to learn and families to enjoy Holy Week & Easter in a new way!

Please consider sponsoring a "Easter in a Basket" for kids in our church and community! We are delivering 20 baskets to households in our faith family. We still need 10 baskets sponsored, please consider sponsoring a basket!

\$25 to sponsor 1 basket

To sponsor a basket please contact Rev. Shelly. Please submit \$25/basket to treasurer, Joanne Grivich as donation to CPC (notate for Easter Basket.)

Thanks to CPC Ladies Aid for helping cover part of the cost of each basket!

HOLY MOLY it's LENT!

Young worshippers are invited to join Rev. Shelly Saturdays throughout Lent on Facebook @10am!

Journey through Lent with Saturday morning activities. (or at your convenience throughout the week!)

*videos will also be posted on the Caradoc website

[click here to go to Holy Moly CPC webpage](#)



Join in!

Let's prayer together challenge

We've been praying together now for SIX WEEKS! thanks everyone for their support in the challenge! Three more weeks of this challenge to go! You can still join us, each morning on Facebook to pray a prayer or explore the prayer practice that is posted. This week we are praying the Shema and next week we pray the ancient ways of the

Celts! *Happy St. Patricks day!!*

Caradoc Coffee Break

Join coffee break every Wednesday 10:30am

Consider joining in every week or once and awhile. Coffee Break is a time of connection with our faith family and to share in our journey together.

Rev. Shelly will look forward to hearing from you if you wish to join in, please call, email or message on Facebook your interest.

Coffee Break happens on Zoom and email invites are sent out Wednesday morning a half hour before Coffee Break



Black History Month – A Reflection from a White Settler

by Katharine Sisk, Justice Ministries

God's justice is seen when we deal fairly with each other and strive to change customs and practices that oppress and enslave others.

Justice involves protecting the rights of others.

It protests against everything that destroys human dignity.

—Living Faith, 8.4.2–3

Throughout February, I had been reading and thinking a lot about Black History Month. One of the things I heard, in many places, was that Black history is important throughout the year. I wanted to post this reflection after February, then. I've also been thinking about my own context—that of a white settler—and the perspectives and biases (conscious and unconscious) that I carry because of that. If you had a TV and lived in Canada in the 1990s perhaps you remember, as I do, the “Heritage Minute” commercial with this narration: “Between 1840 and 1860, more than 30,000 American slaves came secretly to Canada and freedom. They called it the Underground Railroad.” I vividly remember this “Heritage Minute” and the accompanying sense of pride it inspired in me as a young white person in Canada. But this wasn't the whole story.

Canada recognizes February as Black History Month, a time to honour the legacy of

Black Canadians and their communities. As I've thought about my experience growing up I am struck, and somewhat dumbfounded, by the prominence of this commercial in my childhood memories, and its disconnect from anything else I can remember learning in that time about the history of Black people in Canada. Why wasn't I taught about Buxton, Africville, and other historic Black communities? Or who Viola Desmond was? Why wasn't I taught the terrible truth that Black people were also enslaved in Canada, and that racism affected and continues to affect the lives of Black Canadians? I was an adult before I learned that slavery existed in Canada too. The collective memory of many Canadians too often fails to recall that, and in so doing, masks the deepest roots of anti-Black racism.

More of the story...

[CLICK HERE](#) to continue reading

[CLICK HERE](#) to follow link to PCC Justice Ministries

[CLICK HERE](#) to follow link to PCC Social Action Hub

May the Peace of Christ be with you!



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