



Caradoc Presbyterian Church

ENEWS SUMMER VOL. 5.2

Gardens, Beaches, Forrests



"Come to me ... and I will give you rest"

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and

you'll learn to live freely and lightly." Matthew 11: 28-30 MSG

Friends, as I prepare to go on holidays the scripture that comes to mind is, *"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."* It has been a wearying time. We are all getting tired and weary from things changing so drastically because of the pandemic. As things continue to be challenging and change is still upon us, I encourage you to take time to rest. I know, some of you may feel like that's what you've been doing for the last year and a bit, however, that is not the kind of rest I mean. I'm talking about the kind of rest that is in Matthew 11:28. The rest we gain in having a faith in God is the kind of rest we truly need. It's the rest we

find in the embrace of a close friend, the note of a neighbour who knows it was you that cut their lawn, and the love & support felt by your family knowing that you need to do nothing in return. Do you know where I find God, reconnect and find rest? I go to the garden, the beach or the middle of a forest! It's the rest found in God of love. Know, you, can always go to God and find rest. To explore rest more, I invite you to, join in the daily summer devotions and in a prayer ...

Loving God, thank You that we can come close to You, knowing that you are never far from our call. Thank You that You give us true rest for our soul and perfect peace in our hearts - and that in the midst of any storm Your peace that passes human understanding remains with us. We pray today to remember to put our faith completely on you. We lay our worries down before you, knowing that you are the restorer of souls. You alone will revive and nourish our souls. May the Spirit inspire our hearts to praise you for your faithfulness. Amen.

Deepest peace, health and safety be with you all and I will look forward to seeing you when I am back!

Rev. Shelly

From the session:

First, the session announces, with regret and much gratitude, the retirement of elder Bonnie Spindler. We are so thankful for all Bonnie's leadership at Knox for many, many years but most recently during the time of amalgamation. Bonnie's dedication brought her through to serve Caradoc Church faithfully during this challenging time of the pandemic, her support and her wisdom have been truly appreciated! **Thank-you Bonnie!!**

Second, due to several recent retirements of elders the elder districts have been revised. If you were previously in Theresa Glithero's, Grant Corey's district or are a former Knox member you have been put into a new elder district. Your elder may reach out to let you know in the next several weeks however before that if you are in need of pastoral support please reach out to any elder or leave a message on the church voicemail. Thanks in advance for your patience in this matter.

And finally, thank-you to those who filled out the congregational survey or were able to share your opinion with your elder about resuming worship. We as a session take this decision very seriously and hope that everyone will continue to be understanding in regards to decisions that include our whole faith community. We are happy to report in response to the survey that we will likely resume worship outdoors starting Sunday, September 19th and are hoping to resume worship indoors as of Sunday, October 10th. Please look to a late summer eNews and FaceBook posts for more details. There will be limited capacity and registration for worship this fall. We look forward to when we are back to worship and some kind of normal faith community gatherings. Thank-you for your patience and understanding as we faithfully work as

leaders of Caradoc Church to keep our faith family safe and healthy.

Emergent Pastoral Care

While Rev. Shelly is on holiday, *from August 9 - September 6, Rev. Wendy Lampman will be available for emergent pastoral care.* Please call your elder, an elder or leave a message on the church voicemail (519-245-0171) if you need to speak to Rev. Wendy regarding an emergent pastoral issue and she will be happy to reach out in support.



Worship

Please warmly welcome Elizabeth MacLeod as worship leader this month while Rev. Shelly is away. Elizabeth is an elder and lay preacher from Knox, St. Thomas.

[Click here](#) For Bulletins and Worship Activities to print go to our Worship website page.

Join us this Sunday on Facebook Live
10:45am prelude | 11am worship

If you miss Sunday worship you can always go to the Worship Video webpage to get the link to YouTube video of worship. [Click here](#) to go to Worship Video webpage.



Prayer Chain Team

Dedicated members of our faith community have committed to praying for our faith community, our friends and family, and our church and world.

Please, contact Sharon Gillies our Prayer Chain Team leader or Rev. Shelly, if you have a prayer concern please .

Do you feel called to prayer, consider being on the Prayer Chain Team. If you are interested let Sharon or Rev. Shelly know!



Summer Daily Devotions

Rev. Shelly continues each week this summer, Monday to Friday, to post a summer daily devotion on the Caradoc Facebook page. Each Monday the week's worth of devotions will be posted on the Caradoc website for those not on Facebook.

[click here to go to Summer Daily Devotions page](#)



Residential Schools

We, as a church, continue to grow and learn and do our best to support Truth & Reconciliation with the Indigenous Peoples of Canada.

Below you will find a link to PCC webpage highlighting a video and more educational links that can help us, as members of a PCC church, learn more about the past, the present and the future, in regards to the impact of Residential

Schools. please take an opportunity to educate yourself and learn how to support our neighbours and friends in the Indigenous community close at hand.

[Video- the Presbyterian Church in Canada and Residential Schools](#)



[Click here to go to health unit website](#)

Get Vaccinated!

Click the picture to the left to go to Middlesex-London Health Unit for more information about receiving a vaccination.

OR

[CLICK this link to go to POP UP Vaccination Clinics!](#)



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