

Kathleen Sorensen

E-mail: Kathleen@Kiroho.org

Phone: 647-513-6031

Skills, Gifts, and Abilities:

Communication & Interpersonal: Exceptional communication and interpersonal skills; engaged teacher and public speaker.

Motivation: Self-motivated, with the ability to work independently and collaboratively in team environments.

Technology Proficiency: Excellent computer and social media skills; adept with platforms including Zoom, Teams, and YouTube Streaming.

Healthcare Software: Proficient in health care charting software (Point Click Care, ActivityPro).

Background Clearance: Clear Vulnerable Sector Criminal Record Check.

Health Compliance: Up to date with COVID and influenza vaccinations.

Educational Background:

Degrees:

Master of Divinity, University of Toronto, May 2012

Honours B.A. Cum Laude in Philosophy, York University, 1998

Bachelor of Arts (with Distinction), York University, 1995

Certificates:

Spiritual Care in Long Term Care Unit 1, Knox College, Feb 2024

Spiritual Care in Long Term Care Unit II, Knox College, Dec 2024

Moral Injury Recovery After Covid – Facilitator Level, September 2022

Fundamentals of Palliative Care, Waterloo-Wellington, June 2022

Compassion-Based Approaches to Trauma Treatment, March 2021

Mental Health First Aid Crisis Response, May 2020

Acupuncture Detoxification Specialist (NADA), July 2019

Mindfulness without Borders Facilitator/Trainer, November 2018

Mental Health First Aid, March 2016

Clinical Pastoral Education, William Osler Health System, 2014

CPR and First Aid, 2013

Non-Violent Crisis Prevention and Intervention (CPI), May 2010

T.E.S.L./T.E.F.L. Certification, CCLCS, 2000

Graduate Certificate in Justice Studies (with Honours), Humber College, 1997

Relevant Experience:

KIROHO CONSULTING

Spiritual Care Director (2020 – Present)

Provide spiritual care for clients, families, and staff in retirement and long-term care facilities.

Conduct worship services tailored for individuals in their later life stages.

Develop and lead workshops and mentorship programs.

Facilitate grief support groups and bereavement counseling.

Consult on medical assistance in dying and end-of-life issues.

Lead mindfulness workshops and training for facilitators.

Implement NADA Protocol Auricular Acupuncture for stress reduction.

Conduct moral injury workshops for healthcare workers.

WILLIAM OSLER HEALTH SERVICE

Clinical Resident, Spiritual Health Therapy (2018 – 2020)

(Equivalent to 6 units of CPE and 1300 clinical hours for registration in CRPO)

Delivered spiritual care to patients, families, and staff, focusing on mental health.

Trained mental health professionals in mindfulness practices.
Supported palliative and end-of-life care including medical assistance in dying (MAiD).
Organized relevant workshops for healthcare staff.
Conducted research and presentation on spiritual health and mindfulness.

UNITED CHURCH OF CANADA (2011 – 2018)

Stated Supply Minister

Enhanced weekly worship attendance by 23%.
Coordinated with music ministry for engaging services.
Provided pastoral care and officiated funerals.

Family Outreach Minister

Coordinated large multicultural playgroups and Sunday school activities.
Managed summer staff and conducted community development events.
Children, Youth, and Family Minister
Developed and administered youth and family programming.

EVERGREEN CENTRE FOR STREET YOUTH (2010)

Intern

Advocated for youth access to services and managed conflict resolution.
Provided mentorship for LGBT youth.

PRESBYTERIAN CHURCH IN CANADA (2005 – 2010)

Student Minister

Responsibility for Weekly Services
Collaborating with Musicians
Served under the leadership of the Clerk and Session

Pulpit Supply for Sabbatical

Prepare Sunday Services
Work with other stakeholders for special events.
Leadership in annual VBS

Youth Minister

Create Youth Programming
Provide Pastoral Care for Youth and their families.
Organize and manage Youth Praise Band
Host area Youth meeting.
Leading Foreign Mission Trip

Community Involvement:

Founder, The SOCK Project (Oct 2007 - Present)
Protest Chaplain, Occupy Toronto (Oct/Nov 2011)
Canine Foster Parent, Animal Rescue (Sept 2005 - Present)
Mentor, Uzunguni Youth Organization, Tanzania (2001-2002)

Publications, Presentations, and Awards:

"The Rainbow Door – Re-closeting at the End of Life," ICGS (December 2024)
"The Spirituality of Medical Assistance in Dying," Cdn Unitarian Nat" l Conference (Spring 2021)
"Labyrinth Walks as a Stress Reduction Intervention for Health Care Workers," (May 2019)
"Listening to Metaphors from Diverse Cultures," Canadian Assoc of Spiritual Care (April 2019)
"Caring for Carers with Mindfulness," ICM (February 2019)
Rayner Prize awarded for "Faith Seeking Understanding," The Presbyterian Record (Sept 2010)
Founders Award Winner for "At the Doorway," Ontario Multifaith Council (May 2010)
Smith Prize for Doctrines of Reconciliation, Knox College (2010)